MORRIS COUNTY

DEPARTMENT OF HUMAN SERVICES



RESOURCE DIRECTORY

OFFICE OF AGING, DISABILITIES AND **COMMUNITY PROGRAMMING**

(973) 285-6848 (877) 222-3737 (800) 564-4656

morriscountynj.gov/Departments/Aging-Disabilities-CommunityProgramming

Aging & Disability Resource Connection (ADRC)

OFFICE OF AGING, DISABILITIES AND COMMUNITY PROGRAMMING P.O. BOX 900

MORRISTOWN, NEW JERSEY 07963-0900

morriscountynj.gov/Departments/Aging-DisabilitiesCommunityProgramming

This directory of services has been compiled by the Morris County Office of Aging, Disabilities and Community Programming. If you are over the age of 60, disabled or a veteran of the United States Armed Forces, you may be eligible for a variety of services listed within this directory.

Many of the programs listed are provided by the Morris County Office of Aging, Disabilities and Community Programming, State and County Agencies, and through private Foundations and Charities. The Morris County Board of Commissioners, the Older Americans Act and the State of New Jersey are responsible for much of the funding for these programs.

The New Jersey Department of Human Services have established a "one-door" access to services that will help people age in place. In New Jersey, this is called the Aging and Disability Resource Connection (ADRC) and/or Area Agency on Aging (AAA). Individuals and caregivers can receive information on a variety of services designed to foster the independence and dignity of Morris County citizens in need of assistance.

The Morris County Aging & Disability Resource Connection (ADRC) can be reached by calling (800) 564-4656 or (877) 222-3737.

Our hours of operation are 8:30 AM to 4:30 PM, Monday through Friday. .

This directory provides general information on Morris County non-profit organizations. The Morris County Office of Aging, Disabilities and Community Programming reserves the right to publish items as space permits. Listed programs do not imply endorsement.

Contact us for additional Publications:

- Day Centers serving Morris County
- Elder Home Safety Checklist
- Home Care Agencies Serving Morris County
- Morris County Caregivers Resource Directory
- Morris County Housing Options
- Morris County Income Restricted Rental Senior Housing Guide
- Morris County Nutrition Project Brochure
- Morris County Transportation Guide

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ADULT PROTECTIVE SERVICES

• Senior Citizens and people with disabilities, who are unable to act on their own behalf and are victims of abuse, neglect and/or exploitation, may receive assistance through this program. Anyone who has information on possible abuse may call to report their concerns.

Morris County Adult Protective Services

(973) 326-7282

ALERT SYSTEMS

• A personal emergency response system can link you to 24-hour assistance.

Hope Connection, Hope House

(973) 361-5555

• Disability and Oxygen Emblem

NJ Division of Fire Safety, NJ Department of Community Affairs

(609) 633-6106

• A signal tracking bracelet is available for those who have a history of wandering and who live with a caregiver.

Project Lifesaver, Morris County Sheriff's Office

(973) 285-6681

ASSISTIVE DEVICES

• Although some purchased equipment may be covered by Medicare, much is not covered and may be costly. Information is provided on borrowing, or low cost purchasing of equipment.

American Cancer Society	(973) 285-8010
Back in Action, Disability Rights New Jersey	(800) 922-7233 or
	(609) 292-9742
Pluckemin Presbyterian Church	(908) 396-6057

• Breeding and training guide dogs

Guide Dog Foundation for the Blind (800) 548-4337 or (631) 930-9000

ASSISTIVE DEVICES (continued)

Guiding Eyes for the Blind

(800) 942-0149

Seeing Eye

(973) 539-4425

• Assistive Communication Device Demonstration Center. Devices include Amplified Telephone CapTel, Hearing Carry Over (HCO) Telephone, Smoke Detector, Carbon Monoxide Detector, Baby Cry Alert System and Artificial Larynx Device (ALD).

NJ Division of the Deaf and Hard of Hearing

(800) 792-8339 or

(609) 984-7281

V/TTY

• Hardware and equipment for the hearing impaired, as well as ASL Access Video collection is available.

Morris County Public Library

(973) 285-6930

NJ Library for the Blind & Physically Handicapped

(800) 792-8322

• Relay Service available for individuals to communicate with those who are deaf or have a speech impediment. An operator will type what a person says and speak the response from the deaf person.

New Jersey Relay

711

- Books, magazines and newspapers are read to the blind or visually impaired by volunteers with the assistance of an audio receiver which can be obtained.
- Textbooks recorded for the blind and dyslexic.

Learning Ally

(800) 221-4792

• Sign language interpreter.

NJ Division of the Deaf and Hard of Hearing

(800) 792-8339 or

(609) 984-7281

V/TTY

CARE MANAGEMENT

• Care Managers link individuals with appropriate community based services

Office of Aging, Disabilities and Community Programming (973) 285-6848

NewBridge Services (973) 839-2520

Zufall Intensive Senior Support Program (ISS) (973) 328-9100

Ext. 1541

• Care management services for individuals under age 60 with disabilities

DAWN Center for Independent Living

(973) 625-1940

• Special Child Health Services (SCHS) offers care management to families with a disabled child, from birth to age 21.

Morris County SCHS-Case Management Unit.

(973) 971-4155

• Case workers assist people who are blind / visually impaired to services for adjustment to vision loss.

NJ Commission for the Blind & Visually Impaired

(973) 648-2111

• Care management is provided to those who have a developmental disability

NJ Division of Developmental Disabilities

(973) 927-2600

CAREGIVER

- A Caregiver is anyone who is responsible for the care and well-being of another person living in the community. For a full range of information, you can check the Caregiver Resource Directory publication at morriscountynjgov/Departments/Human-Services
- Jersey Assistance for Community Caregiving (JACC) is an income-based program designed to supplement assistance given by a senior's caregiver network, family, friends, and neighbors.

Office of Aging, Disabilities and Community Programming

(973) 285-6848

Caregiver Smart Solutions

(888) 585-5022

• CAREGIVER (continued)

DAWN Caregiver Connection & Support (973) 625-1940

Jewish Family Services Care Consultation (973) 637-1740

• Kinship caregivers, child care resources for adults who are raising relative's children in their own homes.

Child & Family Resources (973) 398-1730

Jewish Family Services of Metro West Caregiver Connect Program (973) 765-9050

Kinship Navigator Program 211

• Veterans Caregiver Support

Caregiver support line toll free (855) 260-3274

DAY PROGRAMS

• Social/Recreational Day Care is available for those in need of supervised activities outside the home. Programs are geared to the participants' interests and capabilities. Snack/lunch may be provided.

Adult Day Center of the Visiting Nurses of Somerset Hills (908) 766-0180

Cornerstone Adult Day Center Morris Plains (973) 326-7288

Accepts Veterans benefits

• Day programs are available to different age groups and disabilities.

Allegro School (973) 993-1140

Community Options (973) 872-7111

P.G. Chambers School (973) 829-8484

Revolution New Jersey (862) 244-4402

Skyland Center - Offering (908) 850-6440

Autism Programs

EDUCATION

• Continued or renewed educational experiences for older adults who want to expand their horizons or develop new interests are available at the following colleges.

Centenary University	(908) 852-1400
College of Saint Elizabeth	(973) 290-4000
County College of Morris	(973) 328-5000
Drew University	(973) 408-3000
Fairleigh Dickinson University	(973) 443-8500
Veteran education and training benefits.	
Department of Veterans Affairs	(888) 442-4551
County College of Morris Veterans Resource Center	(973) 328-5220

EMERGENCY ASSISTANCE

• Emergency Assistance agencies provide a number of services for unexpected emergencies. State database also for residents with special needs to provide information to emergency response agencies, so emergency responders can better plan to serve them in a disaster or other emergency.

Register online at www.registerready.nj.gov/

Alerts911		(800) 503-5676
American Red Cross, N.	Crossroads Chapter	(908) 273-2076
Morris County Office of	Temporary Assistance	(973) 829-8264
Salvation Army	Dover	(973) 366-6626
Salvation Army	Morristown	(973) 539-2700

EMPLOYMENT ASSISTANCE

• Help is available to assist senior citizens interested in employment opportunities with counseling, assessment, training, resume writing, and job searches.

Morris County Employment	(800) 870-3478 or (973) 285-6880	
One Stop Career Center	Morris Plains (limited services)	(973) 829-8504
	Randolph	(862) 397-5600

 Vocational evaluation, job-coaching, on-site employment experience, shelter workshops, supportive employment, career counseling and job placement to individuals with disabilities.

Allegro Employment & Training Center	(973) 993-8854	
The Arc/Morris	(973) 970-9326	
Cheshire Home Inc.	(973) 966-1232	
Community Options	(973) 971-0082	
One-Stop Career Center Randolph	(862) 397-5600	
Employment Horizons	(973) 538-8822 (prompt # 6)	
Morris County Employment and Training Services	(800) 870-3478 or (973) 285-6880	
Revolution New Jersey Inc.	(862) 244-4402	

- Placement services and intensive job coaching for the deaf, late deafened, and hard of hearing adults.
- Vocational assessment, training, career exploration, job sampling, and job coaching for students ages 17-21, who are diagnosed as neurologically impaired, communication handicapped, or multiply handicapped.

ECLC of New Jersey

(973) 635-1700

• Vocational evaluation to those affected by traumatic brain injury.

Atlantic Rehabilitation Institute

(973) 971-4464

EMPLOYMENT ASSISTANCE (continued)

Employment training services available for discharged veterans.

Veterans Employment & Training Service

(609) 292-2930

• If you feel that your rights have been violated on the job or in search of employment.

New Jersey Division on Civil Rights, Newark Regional Office

(973) 648-2700

FOOD AND NUTRITION

• The Morris County Nutrition Project provides hot nutritious meals, education and personal interaction through three components: Congregate Meals, Home Delivered Meals (MOW), and Weekend Meals for residents age 60+.

Morris County Nutrition Project

(973) 285-6856

340 W. Hanover Ave.

Morris Township, NJ 07963

Nutrition Project Midday Friendship Centers

See pages 27-28

Morristown Meals On Wheels

(973) 532-2706

• The Supplemental Nutrition Assistance Program (SNAP) / Food Stamp Program can increase the food purchasing power of eligible low-income households.

Morris County Office of Temporary Assistance

(973) 326-7800

• House Call Groceries for Seniors provides a volunteer grocery shopper to frail, elderly seniors over the age of 60 who live in Morris County.

Visiting Nurse Association of Northern NJ

(973) 451-4119

• Food Pantries and home delivery are available for those who qualify.

Interfaith Food Pantry

(973) 538-8049

NORWESCAP Grocery Program

(908) 388-5944

Nourish NJ

(973) 267-0709

HEALTH

• ,	Awareness,	education	and	health	screenings.
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	Chilton Medical Center	(973) 831-5000	
	Hackettstown Regional Medica	ıl Center	(908) 852-5100
	Morris County Family Success	Center	(973) 620-9711
	Morristown Medical Center At	lantic Health	(800) 247-9580
	Saint Clare's Health System		(973) 989-3000
	Zufall Health Center	Dover	(973) 328-3344
		Morristown	(973) 267-0002
•	Alcoholism information and a	assistance on programs.	
	Morris County Prevention is Ko	ey	(973) 625-1998
•	Alzheimer's and related disor	ders information and referral.	
	Alzheimer's Association, Great	ter New Jersey Chapter	(800) 272-3900
	Alzheimer's NJ Helpline		(888) 280-6055
	Alzheimer's Disease Helpline,	COPSA Institute	(800) 424-2494
	Jewish Family Services of Met	ro West	(973) 765-9050
•	Arthritis information, outread	ch, self-management programs.	
	North Jersey Regional Arthritis Center		(877) 973-6500
	Healthy Bones program – NORWESCAP		(973) 784-4900

• Assessment programs offer comprehensive multi-disciplinary assessment service focused on meeting seniors complete medical needs.

Comprehensive Services on Aging (COPSA)		(800) 424-2494
Hunterdon Medical Center-Central for Healthy Aging		(908) 788-6373
Jewish Family Service of	MetroWest	(973) 765-9050
Morristown Medical Cente	er	(973) 971-7022
Cancer programs, suppo	rt groups and services.	
American Cancer Society, Northwest NJ Region		(973) 331-9300
Dental Screening, inform	nation and referral for children an	d adults with disabilities
Rutgers Special Care		(973) 972-7040
Hackensack Meridian Hea Medical Center	lth at Mountainside	(973) 429-6887 (prompt # 2)
Dental Service.		
Donated Dental Services Morristown Medical Cente	er	(732) 821-3056 (973) 971-5442
New Jersey Dental Associ	ation North Brunswick	(732) 821-9400
Zufall Health Center	Dover	(973) 328-3344
	Morristown	(973) 267-0002
End-of-life services		
Center for the Heart		(908)-503-2484

Geriatric Assessment

Geriatric Assessment Center, Morristown	(973) 971-7022
Geriatric Assessment Program at Saint Clare's	(973)983-5755
Geriatric Medical Services at RWJ University	
Hospital Somerset	(908) 685-2200

• Hearing Aid Assistance to Aged and Disabled (HAAAD) – program provides up to \$100 to NJ residents who are aged and/or disabled for the purchase of a hearing aid. Applicants must meet PAAD eligibility requirements. Applications available.

Office of Aging, Disabilities and Community Programming (800) 564-4656

PAAD & Senior Gold Lifeline (800) 792-9745

• Hearing Equipment DDHH Equipment Distribution Program.

New Jersey Division of the Deaf and Hard of Hearing (609) 588-2648

Heart Disease information on programs available to reduce death and disability.

American Heart & Stroke Association (609) 208-0020

• Hospitals / Healthcare

Chilton Medical Center		(973) 831-5000
Hackettstown Regional Medical Center		(908) 852-5100
Morristown Medical Cente	er	(973) 971-5000
Saint Clare's Hospital:	Boonton	(973) 316-1800
	Denville	(973) 625-6000
	Dover	(973) 989-3000
Zufall Health Center	Dover	(973) 328-3344
	Morristown	(973) 267-0002

• Mental Health

Hope House	(973) 361-5555
Jewish Family Services of MetroWest	(973) 765-9050
Mental Health Association of Essex and Morris	(973) 334-3496
NewBridge Services	(973) 316-9333
Saint Clare's Hospital - Behavioral Health	(888) 626-2111
Suicide and Crisis Lifeline	988
Osteoporosis and Related Bone Diseases.	
NIH Osteoporosis and Related Bone Diseases National Resource Center	(800)-624-2663
Healthy Bones program / NORWESCAP	(973) 784-4900 x203
Parkinson's Disease.	
National Parkinson's Foundation	(800) 327-4545
Information and Referral Center, Robert Wood Johnson University Hospital	(732) 745-7520 (prompt # 1)
Physician referral.	
Chilton Medical Center	(888) 244-5866
Atlantic Health	(800) 247-9580

Visually impaired.

Cornerstone Family Programs, Friends for the Blind	(973) 538-5260 (ext. 234)
Eye Care America	(800) 222-3937
NJ Commission for the Blind & Visually Impaired	(973) 648-2111
Vision Loss Alliance	(973) 627-0055

HEALTHCARE

• Medicaid is the United States health program for certain people with low income and resources. Jointly funded by state and federal governments and managed by the states.

NJ Medical Assistance and Health Services (800) 356-1561

NJ Save (800) 792-9745

• Medicaid-supported home and community-based service program, MLTSS (Managed Long Term Services and Supports)

Morris County Office of Temporary Assistance (973) 285-6469

Office of Aging, Disabilities and Community Programming (800) 564-4656

• Medicare is a national social insurance program administered by the US Federal Government.

General Medicare Information (800) 633-4227
PAAD & Senior Gold Lifeline (800) 792-9745

HEALTHCARE (continued)

• Veterans Photo Identification Card (VIC) available for all veterans registered in the VA healthcare system

East Orange VA Medical Center

(973) 676-1000

• HOME REPAIRS

• Safety assessment, minor house repairs for low-income Morris County residents, including seniors, single-parent families, and people with disabilities.

Hope House - Fix-It Program	(973) 361-5555
Morris County Community Development	(973) 285-6060
Morris Habitat for Humanity	(973) 891-1934
Morris County Organization for Hispanic Affairs Weatherization Program	(973) 366-4770

• The Morris County Housing Rehabilitation Program provides funding to address major system failures for eligible homeowners (except Dover and Parsippany).

Morris County Community Development

(973) 285-6030

HOSPICE

• Care and support is available to the terminally ill and their loved ones.

Atlantic Home Care and Hospice	(973) 379-8440
Compassionate Care Hospice in Sparta	(973) 726-7510
St. Barnabas Hospice & Palliative Care	(855) 619-4448
Visiting Nurse Association of Northern NJ	(800) 938-4748
Visiting Nurse Association of Somerset Hills	(908) 766-0180

HOUSING

• Affordable housing opportunities for low and moderate income families.

Homelessness/Homeless Program

• NJ 211

Morris County Office of Temporary Assistance (973) 326-7800 24HR Homeless Hotline (800) 640-9783 Family Promise of Morris County (973) 998-0820

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• Homeless Solutions offers shelter, services, and supportive housing to homeless and low-income people.

Administrative Office (973) 993-0900

Shelter (973) 993-0833

• Supportive Services for Veterans Families (SSVF) Program. A homeless prevention program to assist veteran families in maintaining their housing and to re-house families who have recently become homeless.

• SSVF Referral Line (855) 483-8466

• Domiciliary for Homeless Veterans, a residential training program for homeless veterans is available as well as counseling to assist with employment, housing, and entitlements.

Lyons VA Medical Center (908) 647-0180

Homeowner education and counseling.

Housing Partnership for Morris County (973) 659-9222

Urban League of Morris County (973) 539-2121

• Landlord/tenant issue, Fair Housing and Assistance Program.

Urban League (973) 539-2121

• Public Housing.

HOUSING (continued)

	Boonton Housing Authority	(973) 335-0846
	Dover Housing Authority	(973) 361-9444
	Madison Housing Authority	(973) 377-0258
	Morris County Housing Authority	(973) 540-0389
	Morristown Housing Authority	(973) 538-6343
ı	Senior Housing covers a wide range of options, reference the Mo Housing Options publication at <u>morriscountynj.gov/Department</u> <u>CommunityProgramming</u> or call for a copy.	•
	Office of Aging Disabilities and Community Programming	(800) 564-4656
	Tenant information on your rights in housing.	
	Legal Services of Northwest Jersey	(973) 285-6911
	Urban League of Morris County	(973) 539-2121
	IN-HOME SERVICES	
	Home Health Aides and Assistance Amada Senior Care	(973) 510-2190
	Atlantic Home Care and Hospice	(973) 379-8440
	Visiting Nurse Association of Northern NJ	(973) 539-1216
	Visiting Nurse Association, Somerset Hills	(908) 766-0180
Home Health Care Agencies serving Morris County publication is available at <u>morriscountynj.gov/Departments/Aging-Disabilities-CommunityProgramming</u> or call for a copy.		
	Office of Aging, Disabilities and Community Programming Morris County Nutrition Program – Meals on Wheels	(800) 564-4656 (973) 285-6856
	NORWESCAP Friendly Visitor and Telephone Reassurance	(973) 784-4900

IN-HOME SERVICES (continued)

Hunterdon Helpline Telephone Reassurance	(1-800)782-4357
Hope House Chore Program	(973) 361-5555
Jewish Family Services Friendly Visitors	(201) 837-9090
	ext. 238

LEGAL

• Advocacy for the Institutionalized Elderly that seeks to protect the health, safety, welfare, and civil and human rights.

NJ Office of the Ombudsman	(877) 582-6995
Office of Ombudsman for Individuals with	
Intellectual and Developmental Disabilities & their Families	(609) 984-7764

 Crime alerts, background information on businesses and complaint forms for NJ residents.

Better Business Bureau	(609) 588-0808
NJ Consumer Affairs	(800) 242-5846
NJ Department of Health	(609) 292-7834

- Criminal Injuries Compensation Act Victims of crime who are age 60 or older do not have to reach a threshold amount before seeking compensation from the courts for out-of-pocket losses.
- Fraud/Scams educational lectures and information are available to Morris County seniors.

Morris County Prosecutor's Office (973) 285-6200

- Grandparents Visitation Rights Grandparents have the right to visit with their minor grandchildren in the event that the parent(s) are deceased, separated, or divorced. Grandparents may apply to the courts for visitation permission if this right is being denied.
- Legal Counseling.

Legal Services of Northwest Jersey	(973) 285-6911
Morris Family Justice Center	(973) 829-4050

LEGAL (continued)

• Office of the Public Guardian is responsible for serving as a guardian or conservator for those NJ citizens who are unable to act on their own behalf and who have no family/friends willing or capable to accept this responsibility.

NJ Office of the Public Guardian

(609) 588-6500

• Referral Service

Referral Service

Morris County Bar Association

(973) 267-5882

• Americans with Disabilities Act (ADA) information and assistance.

Access Board (800) 872-2253

ADA Information and Referral Line (800) 514-0301

Equal Employment Opportunity Commission (800) 669-4000

Job Accommodation Network (800) 526-7234

• Protection for the legal, civil, and human rights of citizens with disabilities by providing representation and advocacy services.

Community Health Law Project (973) 680-5599

Legal Services of Northwest Jersey (973) 285-6911

Disability Rights New Jersey (800) 922-7233 or

(609) 292-9742

U.S. Postal Inspection Service (Scams) (1-877) 876-2455

LIFESKILLS TRAINING

• Blind or visually impaired training in orientation and mobility, adaptive living skills and technology as well as providing educational and counseling services to the individual and their family.

Vision Loss Alliance (973) 627-0055

• Information and referral, advocacy, social/recreational events, peer support, volunteer opportunities, and individual planning for independent living.

DAWN Center for Independent Living
(888) 383-3296 or
(973) 625-1940
Employment Horizons Program
(973) 538-8822

New Jersey Commission for the Blind & Visually Impaired
(973) 648-2111

MILITARY MEDALS

• Morris County Distinguished Service Medal. Visit <u>www.morrishumanservices</u> to obtain an application or call.

Morris County Veterans Service Office

(973) 285-6866

• Replacing Military Medals.

Military Personnel Records

(314) 801-0800

NURSING HOME

• Nursing Homes in Morris County as well as a Long Term Care Facility Checklist can be seen in the Morris County Housing Options publication at morriscountynj.gov/Departments/Aging-Disabilities-CommunityProgramming or call for a copy.

Office on Aging Disabilities and Community Programming

(800) 564-4656

• Limited Nursing Home placement is available for service connected veterans.

Lyons VA Medical Center – Long Term Care

(908) 647-0180

NJ Department of Military & Veterans

(888) 865-8387

NURSING HOME (continued)

NJ Veterans Memorial Homes placement for veterans and their spouses.

Menlo Park (732) 452-4100

Paramus (201) 634-8200

Vineland (856) 405-4200

PERSONAL ASSISTANTS

• Personal Assistance Services Program (PASP) is a program intended to enable permanently disabled adults to work, attend school or engage in a volunteer activity within the community.

Office of Aging, Disabilities and Community Programming

(800) 564-4656

PHARMACEUTICAL ASSISTANCE

• Medicare Part D helps subsidize the costs of prescription drugs for Medicare beneficiaries in the United States.

General Medicare Information

(800) 633-4227

NJ Save is an online application to help low-income seniors and individuals with disabilities save money on Medicare premiums, prescription costs, and other living expenses.

- Pharmaceutical Assistance to the Aged and Disabled (PAAD) is a program that assists low-income NJ residents who are aged and/or disabled for the purchase of prescription drugs.
- Senior Gold is a prescription discount program for elderly and disabled NJ residents who do not qualify for the PAAD program.

Office of Aging Disabilities and Community Programming

(973) 285-6848

• SHIP is a volunteer driven program sponsored by Northwest New Jersey Community Action Program, Inc. offer a confidential counseling service by trained volunteers.

NORWESCAP / RSVP

(973)784-4900

RECREATION

 America the Beautiful - National Parks and Federal Recreational Lands Pass – Senior Pass provides access to, and use of, all national parks and Federal recreation sites.

Recreation.gov (877) 444-6777

• Morris County Senior Centers

Listing See pages 29-31

• New Jersey residents age 62 or over may obtain a pass entitling them to free admission and free parking upon providing adequate verification of their status.

NJ Division of Parks (609) 984-0370

• Parks and recreational programs are available to Morris County residents.

Morris County Park Commission (973) 326-7600

Recreation events for ages 16 and over.

DAWN Center for Independent Living (973) 625-1940

• Seniors 65 – 69 reduced sport license fees, those over 70 free.

NJ Division of Fish, Game, and Wildlife (609) 292-2965

RESPITE

In-Home Respite – Caregivers can receive temporary relief from their responsibilities through Respite Care services which may be provided in-home or at an Adult Day Care. Respite care may be on a regularly scheduled basis or may be arranged for an occasional weekend.

• Vacation Respite-Respite services are available to caregivers for vacation periods And may be provided in a supervised facility.

Visiting Nurse Association of Northern NJ

(973) 539-1216

RESPITE (continued)

• Caregivers of people with disabilities can receive temporary relief from their responsibilities through respite care services which may be provided in the home or community.

Allegro School Respite Services	(973) 267-8060
ARC, Morris County Chapter	(973) 326-9750
Cheshire Home Community Resource Center	(973) 966-1232
New Jersey Division of Developmental Disabilities	(973) 927-2600
VNA of Somerset Hills Time For Me Caregiver Respite Program	(908) 766-0180

SERVICE RECORDS

• The Morris County Clerk's Office will register discharge papers DD-214, WE-53. There is no charge except for a one-dollar charge for certified copies.

Morris County Clerk

(973) 285-6120

• The U.S. National Archives and Records Administration (NARA) can provide copies of service records documentation. Assistance is available either through the internet at www.nara.gov or by telephone.

NARA (866) 272-6272

SOCIAL SECURITY

• Social Security is a Federal insurance program that provides income security to the elderly and people with disabilities.

Social Security Administration

(800) 772-1213

SUBSTANCE ABUSE

Hope One	(973) 590-0300
Morris County Community and Behavioral Health Services	(973) 285-6860

• Inpatient and outpatient programs are available to veterans for alcohol, drug, and gambling rehabilitation.

East Orange VA Medical Center (973) 676-1000

Lyons VA Medical Center (908) 647-0180

SUPPORT GROUPS

• Support groups are available as a source of education and emotional support for various types of situations.

Jewish Family Services of Metro West (973) 765-9050

Morris County Family Success Center (973) 620-9711

New Jersey Self-Help Clearinghouse (800) 367-6274

Senior Centers of the Chathams (973) 635-4565

• Support groups are available as a source of education and emotional support for various types of situations.

National Call Center for Peer Support:

Vets 4 Warriors	(1-855) 838-8255
Mom 2 Mom	(1-877) 914-6662
Care 2 Caregivers	(1-800) 424-2494
NJ Vet 2 Vet	(1-866) 838-7654
Cop 2 Cop	(1-866) 267-2267
AID NJEA	(1-866) 243-6532

SUPPORT GROUPS (continued)

Worker 2 Worker	(1-855) 327-7482
Resilience 4 Resource Families	(1-844) 747-6407
TAXES	
Federal Tax	
Internal Revenue Service	(800) 829-1040
National Taxpayer Advocate Helpline	(877) 777-4778
New Jersey Division of Taxation.	
Automated Services	
o General Tax Information	(800) 323-4400 or (609) 826-4400
 Homestead Benefit Program 	(877) 658-2972
Personal Services	
 Main Customer Service Center 	(609) 292-6400
 Homestead Benefit Hotline 	(888) 238-1233
o Property Tax Reimbursement (Senior Freeze)	(800) 882-6597
o Inheritance and Estate Tax Service Center	(609) 292-5033
Tax return preparation may be available for senior citizens, persons with disabilities, low-income and military personnel. Electronic filing may also be available.	

AARP Tax-Aide Sites (888) 227-7669 VITA / NORWESCAP (973) 784-4900

TRANSPORTATION

• Local Municipal and other transportation options can be viewed in the Morris County Transportation publication at <u>morriscountynj.gov/Departments/Aging-Disabilities/CommunityProgramming</u> or call for a copy.

Assisted Transportation

Morris County Organization for Hispanic Affairs Butler: (973) 838-3885

Dover: (973) 366-4770 Morristown: (973) 644-4884

Atlantic Private Care (973) 540-9000

Morris County Transportation Guide and Handicapped Parking applications can be accessed at morriscountynj.gov/Departments/Aging-Disabilities-

<u>CommunityProgramming</u> or call the Office of Aging, Disabilities and Community Programming (800) 564-4656

Morris Area Paratransit System (MAPS) curb to curb transportation for seniors and people with disabilities.

Morris Area Paratransit System (888) 282-6277 or (973) 829-8103

• New Jersey Transit Reduced Fare Program – Seniors 62 and over.

The Reduced Fare Office (973) 491-7112

Office of Aging Disabilities and Community Programming (800) 564-4656

• Motor Vehicle Registration – PAAD eligible seniors may be able to receive a reduced registration fee; discount will depend on the age and weight of the vehicle.

NJ Motor Vehicle Commission (609) 292-6500

• New Jersey Transit Paratransit Services for those who meet eligibility requirements.

Access Link (800) 955-2321 (973) 275-5555

UTILITY ASSISTANCE

Low-income senior citizens and/or disabled residents can receive assistance in the cost of utilities for their home.

Home Energy Assistance Program, Morris County Organization for Hispanic Affairs

	Butler	(973) 838-3885
	Dover	(973) 366-4770
	Morristown	(973) 644-4884
Lifeline Credit Program PAAD & Senior C	old Lifeline	(800) 792-9745
NJ Department of Health and Senior Service	ces / NJ Shares	(866) 657-4273
Board of Public Utilities		(800) 624-0241

VETERANS

Department of Veterans Affairs application for health benefits available at morriscountynj.gov/Residents/Community-Information/For-Veterans or call for a copy.

Morris County Veterans Service Office	(973) 285-6866
Health Administration	(877) 222-8387
• Home Based Primary Care Program (HBPC)	
Lyons VA Medical Center	(908) 647-0180
Veterans Home CareMedical facilities	(888) 314-6075
• East Orange VA Medical Center	(973) 676-1000
Lyons VA Medical Center	(908) 647-0180
Morris County Community Based Outpatient Clinic (CBOC)	(973) 539-9791

VETERANS (continued)

• Veterans Photo Identification Card (VIC) available for all veterans registered in the VA healthcare system

East Orange VA Medical Center

(973) 676-1000

Morris County Veterans Service Office

(973) 463-9600

VOLUNTEERISM

• Volunteer opportunities are available throughout Morris County. Programs match volunteer interest and skills to community needs. Specialized training may also be provided.

RSVP program / NORWESCAP

(973) 784-4900

Morris Habitat for Humanity

(845) 797-2213

NUTRITION PROJECT MIDDAY FRIENDSHIP CENTERS

Butler Borough Firehouse, Carey Avenue (open Monday – Friday)	(973) 838-4472
Denville Cook's Pond Senior Housing 455 Diamond Spring Rd. (open Monday, Wednesday, Friday)	(973) 983-1142
Dover St. John's Episcopal Church 11 South Bergen St. (open Monday and Thursday)	(973) 361-9376
Jefferson Township 54 Schoolhouse Rd. (open Monday, Tuesday, Thursday)	(973) 208-0788
Long Hill Township The Senior Citizen Center 769 Valley Rd. (open Tuesday)	(908) 626-1606
Madison Rexford S. Tucker Apts. 15 Chateau Thierry Ave. (open Monday, Wednesday, Friday)	(973) 822-3129

NUTRITION PROJECT MIDDAY FRIENDSHIP CENTERS (continued)

Montville Montville Senior House 356 Main Rd. (open Tuesday & Thursday)	(973) 316-8560
Morris Township Dean Gallo Congregate Housing Morris Mews 99 Ketch Rd. (open Monday – Friday)	(973) 540-8063
Morristown Wetmore Towers 31 Early St. (open Monday – Friday)	(973) 644-0343
Mount Olive Mt. Olive Senior Center 204 Flanders-Drakestown Rd. (open Monday -Friday)	(973) 448-7474
Parsippany Parsippany Community Center 1130 Knoll Rd. (open Monday – Friday)	(973) 884-1868
Rockaway Pleasant View Village 221 Mt. Pleasant Ave. (open Tuesday, Wednesday, Friday)	(973) 361-9376
Roxbury Township Roxbury Township Senior Center 72 Eyland Ave. (open Wednesday & Friday)	(973) 361-5231

SENIOR CENTERS

Chatham (973) 635-4565

Chatham Township Municipal Bldg.

58 Meyersville Rd.

Monday - Friday 9:15am - 3:00pm

Denville

East Main & Hall St. (973) 625-9842

Denville, NJ 07834

Women: Monday & Wednesday 11:00am

Men: Every other Tuesday 11:00am

Men & Women: General meeting 4 times a year at 11:00am

East Hanover (973) 428-3060

96 Mt. Pleasant Ave.

Monday- Friday 8:00am – 3:00pm

Florham Park (973) 520-8984

111 Ridgedale Ave.

Monday - Friday 9:00am - 4:30pm

Jefferson (973) 208-1001

54 Schoolhouse Rd.

Oak Ridge, NJ 07438

Open Monday – Thursday 9:00am – 3:00pm

Monday, Tuesday & Thursday – Morris County Nutrition Program

Long Hill (908) 626-1101

769 Valley Rd.

Gillette, NJ 07933

Open Monday 10:00am – 1:00pm, Tuesday, Friday 9:00am – 2:00pm,

Wednesday 9:00am – 4:00pm Closed Thursday

Monday and Friday – Morris County Nutrition Program

Madison (973) 593-3095

28 Walnut St.

Monday - Friday 9:00am - 4:00pm

SENIOR CENTERS (continued)

Montville (973) 299-5087

Senior House

360 Route 202 (Main Rd.)

Monday - Friday 9:00am - 4:00pm

Tuesday and Thursday – Morris County Nutrition Program

Morristown (973) 292-6690

200 South St. 3rd Floor

Monday – Friday 8:30am – 4:30pm

Mt. Olive (973) 691-0900

204 Flanders – Drakestown Rd. (ask for Health Dept.)

Monday – Friday 8:30am – 4:30pm

Monday, Wednesday & Friday – Morris County Nutrition Program

Parsippany (973) 263-7351

1130 Knoll Rd.

Lake Hiawatha, NJ 07034

Monday – Friday 9:00am – 5:00pm

Monday - Friday - Morris County Nutrition Program

Pequannock Senior House (973) 835-5700 ext. 145

530 Newark/Pompton Tpk.

Pompton Plains, NJ 07444

Monday - Friday 8:30am - 4:30pm

Randolph (973) 989-7084

28 Calais Rd.

Mailing address:

502 Millbrook Ave.

Randolph, NJ 07869

Monday – Friday 8:30am – 5:00pm

SENIOR CENTERS (continued)

Rockaway (973) 983-2898 or

19 Mt. Hope Rd. (973) 627-7200

Mailing address:

Rockaway Twp. Senior Center

c/o Municipal Bldg.

65 Mt. Hope Rd.

Rockaway, NJ 07866

Monday - Friday 9:00am - 5:00pm

Roxbury (973) 448-2015

72 Eyland Ave.

Wednesday & Friday – Morris County Nutrition Program

Thursday 10:00am – 12:00pm Senior Club lunch and activities

Washington Twp. (908) 876-5941

Rock Spring Park

E. Springtown Rd.

Long Valley, NJ 07853

Mailing address:

Parks & Recreation Dept.

50 Rock Rd.

Long Valley, NJ 07853

Monday – Friday 9:00am – 3:30pm

Call in advance for activity schedule

**For further information on daily activities, call each Senior Center directly.

Morris County Offices

Community Development (973) 285-6060

1 Medical Drive, Morris Plains, NJ 07950 www.morriscommunitydevelopment.gov

County Clerk's Office (973) 285-6120

Hall of Records Administration Building

Court Street P.O. Box 315, Morristown, NJ 07963

Morris County Offices (continued)

Employment and Training Services	(800) 870-3478 or
1 Medical Drive, Morris Plains, NJ 07950 Morriscountynj.gov/Departments/Aging-Disabilities-Con	(973) 285-6880 nmunityProgramming
Legal Services of Northwest Jersey 30 Schuyler Place, Morristown, NJ 07960 www.lsnj.org	(973) 285-6911
Office of Aging, Disabilities and Community Programmir 340 West Hanover Avenue P.O. Box 900, Morristown, NJ 07 Morriscountynj.gov/Departments/Aging-Disabilities-Com	963
Adult Protective Services	(973) 326-7282
MAPS Transportation	(888) 282-6277 or (973) 829-8103
Nutrition Project	(973) 285-6856
Disability Services	(800) 564-4656
Veteran Services	(973) 285-6866
Office of Temporary Assistance 340 West Hanover Avenue. P.O. Box 900 Morristown, NJ 07963	(973) 326-7800
24 Hour Emergency Hotline Morriscountynj.gov/Departments/Aging-Disabilities-Com	(800) 640-9783 munityProgramming
Park Commission 300 Mendham Rd., Morris Twp., NJ 07960 www.morrisparks.net	(973) 326-7600
Prosecutor's Office Court Street, P.O. Box 900, Morristown, NJ 07960 www.sheriff.morriscountynj.gov	(973) 285-6200

Morris County Offices (continued)

Public Library 30 East Hanover Avenue, Whippany, NJ 07981 www.mclib.info	(973) 285-6930
Sheriff's Office P.O. Box 90, Morristown, NJ 07963 www.sheriff.morriscountynjgov Project Lifesaver Communication Center	(973) 285-6681 (973) 285-2900
New Jersey State Offices	(515) 200 2500
NJ Commission for the Blind & Visually Impaired 153 Halsey Street, Newark, NJ 07101 www.state.nj.us/humanservices/cbvi/	(973) 648-2111
NJ Consumer Affairs 124 Halsey Street, Newark, NJ 07102 www.state.nj.us/oag/ca/home.htm	(800) 242-5846
NJ Department of Health and Senior Services Lifeline Credit Program Utility Assistance PAAD/Senior Gold Trenton, NJ 08625 www.state.nj.us/health/seniorbenefits/services.shtml	(800) 792-9745
NJ Department of Military & Veterans Affairs P.O. Box 340, Trenton, NJ 08625 www.state.nj.us/military	(888) 865-8387
NJ Division of Deaf & Hard of Hearing P.O. Box 074, Trenton, NJ 08625 www.state.nj.us/humanservices/ddhh/	(800) 792-8339 or (609) 984-7281

New Jersey State Offices (continued)

NJ Division of Developmental Disabilities 1B Laurel Drive, Flanders, NJ 07836 www.state.nj.us/humanservices/ddd/	(973) 927-2600
NJ Division of Disability Services 222 South Warren Street, Trenton, NJ 08625	(888) 285-3036
NJ Division of Fish, Game and Wildlife 501 East State Street, 3 rd Floor, Trenton, NJ 08625 www.njfishandwildlife.com	(609) 292-2965
NJ Division of Medical Assistance and Health Services P.O. Box 712, Trenton, NJ 08625	(800) 356-1561
NJ Division of Parks P.O Box 420, Trenton, NJ 08625	(800) 843-6420
NJ Division of Taxation 50 Barrack Street Trenton, NJ 08695	(800) 323-4400 or (609) 826-4400
NJ Division of Vocational Rehabilitation Service 7 Sussex Avenue, 2 nd Floor, Suite 2, Morristown, NJ 07960 http://lwd.dol.state.nj.us/labor/dvrs/DVRIndex/html	(973) 631-6304
NJ Division on Civil Rights, Newark, NJ P.O. Box 090, Trenton, NJ 08625-0900	(973) 648-2700
NJ Library for the Talking Book & Braille Center 2310 Stuyvesant Avenue, Trenton, NJ 08625 www.njlbh.org	(800) 792-8322
NJ Motor Vehicle Commission P.O. Box 160, Trenton, NJ 08666 www.state.nj.us/mvc	(609) 292-6500
NJ Office of the Ombudsman P.O. Box 852, Trenton, NJ 08625	(877) 582-6995
NJ Office of the Public Guardian	(609) 588-6500



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