

# **Mental Health Addictions Services Advisory Board (MHASAB)**

## **MEETING – July 11 – 1 Medical Dr., Morris Plains**

### **Members Present:**

Gregg Benson, Citizen Representative  
Charlie Berman, Willow Tree Counseling/Citizen Representative  
Chris Chernick, Citizen Representative  
Ashley Craig, Morris County Sheriff's Office  
Linda Csengeto, MCOTA  
Aura Dunn, Citizen Representative  
Cheryl Garodnick, Therapy Resources of MC  
Julian Hill, Morris County Prosecutor's Office  
Margaret Himsl, NJ Friendship House  
Marcy McMann, Citizen Representative  
Vicky Mulligan, Rest, Stop & Rejuvenate/Citizen Representative  
Barb Ward, Citizen Representative

### **Also Attending:**

Eileen Alexander, DMHAS  
Carmine Deo, Community Hope  
David Martinak, Public  
Ken Muscroe, Public  
Jane Shivas, Project Self Sufficiency

### **Staff in Attendance:**

Amy Archer, MCDHS  
Laurie Becker, MCDHS  
Anna Marie Hess, MCDHS  
Beth Jacobson, MCDHS  
Pat Mocariski, MCDHS  
Heather Rose, MCDHS  
Sharon Yoo, MCDHS

### **I. Call to Order and Approval of May 9 minutes**

Ms. Marcy McMann, Chair, called the meeting to order at 5:28 p.m. Ms. Vicky Mulligan made a motion to approve the May 9 minutes and Mr. Gregg Benson seconded the motion. All were in favor with one abstentions and no opposition. Motion carried.

### **II. Welcome and Introductions**

Ms. McMann welcomed everyone and introductions were made.

Ms. Laurie Becker announced that she would be staying on as Community and Behavioral Health Services Director and Mental Health Administrator until October 1, 2019. Ms. Becker introduced Ms. Amy Archer who will be assuming Ms. Becker's role. Ms. Archer currently works for the Office of Temporary Assistance and administers Disability and Medicaid Programs.

She works closely with some of our community partners. Ms. Archer is currently shadowing Ms. Becker and will be attending Site Reviews.

Ms. Sharon Yoo said she is excited to have Ms. Archer aboard and wishes her the best of luck.

Ms. Linda Csengeto will be retiring from the county on July 31. She will continue on the MHASAB and the HSAC as a Citizen Representative.

### **III. Chair Report – Ms. Marcy McMann**

Ms. McMann gave an update on Greystone Psychiatric Hospital lawsuit. The original lawsuit's complaint was amended and mediation is being sought. A phone conference is scheduled for next week to choose a Mediator.

Since the MHASAB Letter of Advocacy for Greystone Park Psychiatric Hospital was mailed on April 26, 2019, Ms. Marcy McMann, Ms. Laurie Becker, Ms. Sharon Yoo, and Ms. Amy Archer have met with Assemblywomen DeCroce, Congresswoman Sherrill, Senator Pennacchio, Assemblyman Rooney, Assemblyman Bucco, and Assemblyman Carroll. There is a meeting scheduled on Monday, July 15, 2019 with Assemblyman Bucco and members of the Greystone Advisory Board.

Ms. McMann and Ms. Becker attended the last Greystone Advisory Board meeting and an event sponsored by the Mental Health Association of Essex and Morris for the Concerned Families of Greystone Park Psychiatric Hospital. Ms. McMann said that things are moving along but there are still issues and a lack of consistency. Ms. Yoo said there is much-needed advocacy work and an oversight committee would be beneficial. Ms. Becker said that 73 Morris County residents are in Greystone and over 100 Morris County residents are in other hospitals.

Ms. McMann said they had a site review with Legal Services and some interesting conversation with attorneys related to legal representation they provide. The attorneys have to go to commitment hearings all over New Jersey. This year 50% of the Legal Services County Grant In Aid has gone to pay for private per diem attorneys. These are some of the implications from this new system of care.

Morris is the only county that contracts with Legal Services for commitment hearings. Other counties have public defenders or private defenders. Ms. Yoo said that in Morris County Legal Services has been doing this for over thirty years. Some clients are moved out of Morris County. Sometimes the families are so far from their loved ones they have to get a hotel in order to visit. Discharge planning is also a problem since many people eventually return to Morris County.

Ms. Mulligan stated that she hears family members are disturbed about this. Is there a way to share actions taken by Human Services (perhaps by social media). There is a lot of hopelessness. Community members are welcome to attend MHASAB meetings to provide comment on services and ask for advocacy on behalf of their loved ones. Anyone who wants to speak is welcome to come to a meeting and bring their voice to this body. The Mental Health Association has a group that meets that are the concerned families of Greystone.

On Wednesday, July 24, NAMI (National Alliance on Mental Illness) is hosting a public listening session about the transition of the State Psychiatric Hospitals to the Department Of Health and quality improvement initiatives. The session will be at the Morris County Library from 6:00 p.m. to 8:30 p.m. at 30 East Hanover Ave. in Whippany.

#### **IV. Subcommittee Reports:**

##### **Funding – 2019 Budget Modification Requests – Ms. Becker**

Ms. Becker said that for many years the board has funded a Crisis Intervention Program at Morristown Medical Center. In 2019, this subgrant was \$30,000. They have not been able to spend the grant because of new rules regarding Medicaid and third party reimbursement. As a result, there is an opportunity to reallocate this money to currently funded providers. Atlantic Health asked if all of the money could be redirected to their chemical dependency services. That cannot be done without an RFA.

Ms. Becker and Ms. Jacobson presented the request for funding reallocation to the MHASAB. The request is for an increase to the grant supporting the Atlantic Health Chemical Dependency Program by \$17,400 making the total award \$43,120 to support intensive outpatient care and aftercare. This program has already expended fifty percent of its grant and should not have any problem spending this money. In addition, \$12,600 is being reallocated to Legal Services for commitment hearings. Legal Services has already spent the total 2019 grant for \$76,643 at mid-year and can readily spend \$12,600 more. Their new total would be \$88,843.

If the board approves these modifications, a resolution will be submitted to the Freeholders for approval. Ms. Himsl said she is happy to hear the modification request now rather than later when often it is too late to reallocate the money. Ms. Becker said the staff is responsible for monitoring expenditure of grants. It is harder to spend this money the last few years because of the Affordable Care Act and changes in regulations.

Mr. Benson made a motion to accept the proposed modifications for Morristown Medical Center Crisis Intervention to reallocate \$30,000 to the 2019 Atlantic Health Chemical Dependency and Legal Services subgrants. Both organizations are clearly in need of additional money. Ms. Barbara Ward seconded the motion with no opposition and one abstention. Motion carried.

##### **Funding – 2020 Funding Recommendations – Ms. Becker**

Ms. Becker stated that 2020 funding applications were received. There are three new applications in the mental health and primary addictions area. Multiple advisories will likely review several proposals. The Morris Advisory Leadership group will meet for a preliminary review.

The MHASAB funding review will be on August 28 from 9:30 a.m. to 2:00 p.m. There was a sign-up sheet passed around. Ms. McMann asked board members to help. This is a huge part of the advisory member's job. Some discussion ensued about this being a tough time of year for meetings since many people are on vacation. Ms. Dunn asked if members can participate virtually or be sent information in advance.

**Planning – Ms. Jacobson**

Ms. Jacobson said the County Comprehensive Plan was approved. She will be working to put together a format to be published and posted on the county website.

**Legislative Advocacy – No Report**

**County Alliance Steering Subcommittee (CASS) – Ms. Heather Rose**

The CASS is looking for members. The CASS is an oversight committee to the Municipal Alliances. The money goes to the towns and communities. It is important for the CASS to be involved with all the Alliances.

**V. State Liaison Reports – Ms. Eileen Alexander**

**New RFP’s:**

<b>Funds Available for...</b>	<b>Due Date</b>	<b>Notify Date</b>
<a href="#"><u>Support Team for Addiction Recovery Program</u></a>	July 8, 2019	August 5, 2019
<b>Funds Available for...</b>	<b>Due Date</b>	<b>Notify Date</b>
<a href="#"><u>Alternative Approaches to Pain Management for Older Adults</u></a>	July 3, 2019	July 31, 2019
<b>Funds Available for...</b>	<b>Due Date</b>	<b>Notify Date</b>
<a href="#"><u>Opioid Reduction Options (ORO) in the Emergency Department</u></a>	June 4, 2019	July 3, 2019

**Program Awards:**

Three reviewers were chosen to conduct an Independent Peer Review of Substance Abuse Prevention and Treatment (SAPT) for the Block Grant funded long-term and short-term residential programs. There is one program in each region of the state that will be reviewed (North, Central and South).

Benjamin-John Gonzles

Eman Warraich-Gibson

Charles Greene

The following programs were awarded the RFP for SUD Recovery Housing with Case Management for Consumers who are Homeless or At Risk of Homelessness:

- Career Opportunity Development Inc-Atlantic County
- CPC Behavioral Healthcare-Atlantic County
- Legacy Treatment Services-Atlantic County
- Oakes Integrated Care-Mercer, Burlington, and Camden Counties

**Suicide Prevention:**

Effective July 1, 2019 Joint Commission Accreditation of Healthcare Organizations (JCAHO) requires that all patients in psychiatric hospitals and patients being evaluated or treated for behavioral health conditions as their primary reason for care in general hospitals be screened by Evidenced Based Suicide Risk Assessment Tools to assess suicide risk i.e. Columbia Suicide Risk Assessment Tool. A survey was conducted of the STCF's and diversion bed hospitals to learn what tool they are using. The results show that all are using a standardized tool, and most are using the Columbia Suicide Risk Assessment Tool. A recommendation was made that the results of the screening and assessment be included with the referral information provided to Centralized Admissions.

**Naloxone:**

The New Jersey Department of Human Services on June 18 distributed more than 16,000 packs of naloxone -- the opioid overdose reversal drug commonly known as Narcan -- to New Jerseyans on June 18. The distribution was part of the Department's initiative to provide naloxone for free and anonymously at pharmacies throughout the state. Each pack contained two doses of naloxone nasal spray, resulting in more than 32,000 doses distributed in one day. The Department encourages individuals to carry naloxone and to be prepared to help intervene and reverse opioid overdoses.

**Provider Vacancy Reporting:**

DMHAS has developed a new form for providers to complete on a weekly basis to reflect vacant beds.

- All weekly vacancy reports are due by **noon on Thursdays**. If a holiday falls on Thursday, the weekly vacancy reports are due close of business on the preceding Wednesday.
- The Provider Weekly Report should be emailed on a weekly basis to the Hospital Placement Entity with a cc to the Olmstead Unit Supervisor (Rakisha Scott), the appropriate Regional Olmstead Coordinator, and Donna Migliorino ([donna.migliorino@dhs.nj.gov](mailto:donna.migliorino@dhs.nj.gov)), Deputy Assistant Division Director. Please include Beverly Nelson, SWS for vacancy reports being sent to Esther Ijalana, TPH's Placement Entity. In addition, cc the assigned Program Analyst(s) for the county in which the program is located.

**Greystone Psychiatric Hospital**

Catchment Area: Morris, Union, Hudson, Bergen, Somerset, Warren, Hunterdon, Sussex, Passaic, Essex

Ingrid Mikolay: [Ingrid.Mikolay@doh.nj.gov](mailto:Ingrid.Mikolay@doh.nj.gov) (Placement Entity)

Danny Tyndall: [Danny.Tyndall@dhs.nj.gov](mailto:Danny.Tyndall@dhs.nj.gov) (Regional Olmstead Coordinator)

### **Ancora Psychiatric Hospital**

Catchment Area: Atlantic, Ocean, Cumberland, Gloucester, Salem, Cape May, Camden, Burlington

Shawn Zamir: [Shawn.Zamir@doh.nj.gov](mailto:Shawn.Zamir@doh.nj.gov) (Placement Entity)

Rakisha Scott: [Rakisha.Scott@dhs.nj.gov](mailto:Rakisha.Scott@dhs.nj.gov) (Olmstead Unit Supv and covering Regional Olmstead Coordinator)

### **Trenton Psychiatric Hospital**

Catchment Area: Mercer, Middlesex, Monmouth

Esther Ijalana: [Esther.Ijalana@doh.nj.gov](mailto:Esther.Ijalana@doh.nj.gov) (Placement Entity)

Beverly Nelson: [Beverly.Nelson@doh.nj.gov](mailto:Beverly.Nelson@doh.nj.gov) (Social Work Supv.)

Andrea Portovedo: [Andrea.Portovedo@dhs.nj.gov](mailto:Andrea.Portovedo@dhs.nj.gov) (Regional Olmstead Coordinator)

### **BEDS Issues, Questions and Concerns:**

- Each vacancy/CSS Slot should have a BED/Site ID except for PACT.
- Each vacancy/CSS slot should have a BED/Site ID even if you don't yet have the tenant name or apartment address.
- Contact Information for BEDS assistance:
  - DMHAS Central Office BEDS Manager: [Mark.Kruszczynski@dhs.nj.gov](mailto:Mark.Kruszczynski@dhs.nj.gov), 609.777.0654
  - DMHAS Central Office BEDS Data Specialist: [Robert.Archie@dhs.nj.gov](mailto:Robert.Archie@dhs.nj.gov), 609.633.8319

### **Greystone Wellness Fair:**

Greystone will be hosting their annual Wellness Fair for staff and patients on July 17. This event will have a morning and afternoon session. Tracey King-Rumelhart, Acting Director of Social Services would like to extend an invitation to all northern region community providers. Please reach out to *Tracey King-Rumelhart* if you would be interested in participating and/or have any questions regarding the Wellness Fair.

P: 973.898.4929

F: 973.889.8791

[Tracey.King@doh.nj.gov](mailto:Tracey.King@doh.nj.gov)

## **VI. Staff Reports**

### **Municipal Alliance Coordinator – Ms. Heather Rose**

On Friday, July 12, the Prevention Collaborative, Division Mental Health & Addiction Services (DMHAS), Governor's Council on Alcoholism and Drug Abuse (GCADA), New Jersey Prevention Network (NJPN) and Prevention Technology Transfer Center (PTTC) will be hosting a kickoff event sharing the statewide logic models as well as the needs assessment process. It will bring together the County Alliance Coordinators, County Alcoholism and Drug

Abuse Directors and Regional Coalition staff in order to share the information uniformly and consistently between the entities.

The next Municipal Alliance meeting will be on Monday, July 15. Information from the Prevention Collaborative meeting will be shared and the next steps for preparing for the new grant cycle and supporting the Alliances will be reviewed.

GCADA has held two webinars to train the municipalities for the new grant cycle – 1) Needs Assessment, and 2) Capacity Building.

Municipal Alliance FY 2020 LoAs and 2019 Supplemental LoAs have been mailed.

Supplemental funding has been made available. The Freeholders will give up to \$2,000 to each Municipal Alliance municipality that wants to participate. Municipalities must provide a 50% cash match. Board approval is needed for the supplemental funding awards. The supplemental funding recommendations were distributed. There is \$3,000 left for countywide training.

Mr. Benson made a motion to approve the CY 2019 Supplemental funding awards as listed on the handouts. Ms. Linda Csengeto seconded the motion. There were three abstentions and no opposition. Motion carried.

Ms. Becker stated that 35 out of 39 Morris County towns are now stigma free partners. Some towns do not have Alliances (usually the smaller towns).

**Addictions Service Coordinator – Ms. Beth Jacobson**

- Chapter 51 applications for 2020 are due tomorrow by 2:00 p.m.
- The 2020-2023 County Comprehensive Plan was approved by DMHAS. Will be working on putting together a version to publish and post on the human services website.
- Addictions Site Visit schedule was distributed for sign up.
- Save the Date – Opioid Summit is Sept. 20, 2019. The event's theme, *Saving Lives & Changing Perceptions: Medication Assisted Treatment* aims to address the stigma and misinformation surrounding Opioid Use Disorders, as well as to enhance the understanding of treatment options, such as Medication Assisted Treatment (MAT). Event will be a collaboration of other NJ state departments, community partners, recovery centers, peers, treatment, prevention, criminal justice, and healthcare professionals. Various national experts and local voices will share innovative strategies to address the current opioid crisis. Details regarding the location, time, agenda, and registration details of the event are to follow.
- The Opiate Task Force meeting is scheduled for next Tuesday, July 16 at 5:00 p.m. at this location. There will be a presentation from Professor Sarabia from Ramapo College on the Public Health approach to the opioid epidemic.

**Mental Health Administrator – Ms. Becker**

There will be a Stigma Free meeting next Tuesday at 1 Medical Drive. Language Matters is a standard agenda item. Please share this information with all. There will be a presentation on Language Matters and Nurtured Heart.

Information on a stigma free language webinar will be sent out. The Forum debriefing meeting will take place on Tuesday at 11:30 a.m. About 150 people attended the Forum and a lot of positive feedback was received. Ms. Dunn said she thinks the Forum is not set up for families. Ms. Yoo said it seems like there are many consumers. Ms. Jacobson said there were parents with their adult children in attendance. Mr. Becker said many people enjoyed the evening and the focus on employment. Ms. Mulligan said that she thought the speaker from Jersey Mikes was great. She would like to see more employers attend.

Ms. Becker said that Ms. Buchanan and her staff are working together to help the unemployed find employment. They are connected with CARES, STAR and the Community Soup Kitchen. Ms. Yoo said their goal is to help those that are struggling to find work. Ms. Becker said there will be an expungement seminar in late October. It is open to community providers. There will also be credit counseling and employment information available at the seminar.

**VII. Joint PAC Report –**

Mr. Carmine Deo reported that the PAC meeting is tomorrow and there was no meeting last month.

**VIII. HSAC Report (Written Report Provided)**

- Presentation by Mr. Gillis and Mr. Derricotte on the 2020 Census. The Census Bureau is trying to get the word out about the census and what each person can do to continue to serve the nation’s provider with quality data. Their purpose is to conduct a complete and accurate census. The U.S. Constitution requires that each decade we take a count or census of America’s population. The 2020 Census goal is to count everyone once, only once, and in the right place.

The Census provides vital information to you and your community. It determines how many representatives each state gets in Congress. The Communities rely on census statistics to plan for a variety of resident needs including new roads, schools and emergency services. Businesses use census data to help provide more local jobs and places to shop.

Each year the federal government distributes hundreds of billions of dollars to state and communities based on the U.S. Census bureau data. The Census Bureau is the leading source of statistical information about the nation’s people. They provide snapshots of population size and growth and detailed portraits of our changing communities.

There are many jobs available through the Census Bureau see [2020census.gov/jobs](https://2020census.gov/jobs) of [USAJOBS.gov](https://USAJOBS.gov) for more information. For more information on the Census, see [www.census.gov](https://www.census.gov).



- Presentation and update by Ms. Joanne Bjornson, Family Promise of Morris County and Mr. Chris Linne, Morris County Office of Temporary Assistance on the Navigating Hope mobile outreach vehicle. All went outside and toured the vehicle. From August 2018 – May 2019 the total face-to-face contacts were 926. They have linked 1,084 people to services. Linkages include service connections to program materials, donation items, benefits services, referrals for social services and case management linkages to resources including housing, health care, education, legal services, childcare services, etc.

Since the Navigating Hope launch May 2019 - June 2019 the total face-to-face contacts is 128. They have linked 113 people to services. Linkages include service connections to program materials, donation items, benefits services, referrals for social services and case management linkages to resources including housing, health care, education, legal services, childcare services, etc.

Ms. Yoo said that Navigating Hope could come to your community. Go on the county website at <https://hs.morriscountynj.gov/> for further information. Navigating Hope can bring a variety of services to the people. Medicaid, case management, GA, food stamps etc. are available on Navigating Hope vehicle. The website also tells where the van will be visiting.

#### **IX. Old Business –**

Mr. Benson said GCADA has a Veteran’s Resource book. It is available and free. Ms. Yoo asked Mr. Benson to bring some of the books to the next meeting.

#### **X. New Business –**

Ms. McMann said there is no August meeting. There will be a funding review in August and the next meeting will be in September.

Ms. Dunn said she would stop by Ms. Becker’s office to get Stigma Free materials and she will try to spread the Stigma Free message.

#### **XI. Adjourn –**

Motion to adjourn the meeting made by Ms. Csengeto at 7:00 p.m. Seconded by Mr. Benson. Meeting adjourned.