

# **Mental Health Addictions Services Advisory Board (MHASAB) MEETING – September 12, 2019 – 1 Medical Dr., Morris Plains**

## **Members Present:**

Charlie Berman, Citizen Representative  
Chris Chernick, Citizen Representative  
Ashley Craig, Morris County Sherriff's Office  
Linda Csengeto, Citizen Representative  
Carol DeGraw, United Way of N.N.J.  
Cheryl Garodnick, Citizen Representative  
Marcy McMann, Citizen Representative  
Jane Shivas, Project Self-Sufficiency  
LaJuan Tucker, MCPO  
Barbara Ward, Citizen Representative

## **Also Attending:**

Eileen Alexander, DMHAS  
Kathy DeFillippo, MC Freeholder  
Ashley Reed, Family Promise of Morris County  
Tracey Skop

## **Staff in Attendance:**

Amy Archer, MCDHS  
Laurie Becker, MCDHS  
Anna Marie Hess, MCDHS  
Beth Jacobson, MCDHS  
Heather Rose, MCDHS

- I. Call to Order and Approval of July 11 minutes –**  
Ms. Marcy McMann, Chair, called the meeting to order at 5:25 p.m. Mr. Charlie Berman made a motion to approve the July 11 minutes and Ms. Linda Csengeto seconded the motion. All were in favor with two abstention and no opposition. Motion carried.
- II. Welcome and Introductions –**  
Ms. McMann welcomed everyone and introductions were made.
- III. Chair Report – Ms. Marcy McMann**  
Nothing to report and no update on the Grey Stone litigation.
- IV. Subcommittee Reports**
  - Planning – Ms. Beth Jacobson – No Report**
  - Legislative/Advocacy – Ms. Laurie Becker**  
New Jersey County Mental Health Administer Association (NJCMHAA) is meeting on Monday, September 16, 2019. On the agenda is a request to draft a letter on behalf of NJCMHAA to

advocate to the state and other leadership groups for Mental Illness and Addiction related to violence. A draft letter composed regarding the inaccurate scapegoating of those with mental health conditions as cattles of mass shootings in the United States. The letter goes into facts and calls to action. Ms. Amy Archer will provide follow up and maybe the MHASAB can do something similar and tie it to our Stigma Free work. There is a statewide initiative to put out a statement that Mental Illness does not cause people to be violent and there are statistics to prove that. There are recommendations to Commissioner Carol Johnson at DHS and others to start to advocate on this topic.

Ms. Marcy McMann informed, after many meetings with Legislators, making them aware of the systemic issues with Greystone. Combined efforts will continue and are looking for sustainable and obtainable solutions.

### **County Alliance Steering Committee – No Report**

#### **V. State Liaison Report – Ms. Eileen Alexander Opioid Summit Info – IS CLOSED**

Please see information below re the division's upcoming Opioid Summit

- **WHAT:** DMHAS Opioid Summit
- **WHERE:** Atlantic City Convention Center
- **DATE:** September 20, 2019
- **GOAL:** To address the stigma and misinformation surrounding Opioid Use Disorders (OUD) and to enhance the understanding of treatment options, such as medication assisted treatment (MAT). ---*Flyer attached with more information*

#### **The Council on Compulsive Gambling of NJ – 37th Annual Statewide Conference**

- **What:** The Council on Compulsive Gambling of NJ – 37th Annual Statewide Conference
- **Title:** Gambling- (It's Not Child's Play)
- **When:** Friday, September 27, 2018
- **Cost:** Free with registration returned to Ramika Evans, Office of Treatment and Recovery Support, by September 23, 2019.
- **CEUs:** 6 hours
- **Where:** New Jersey Hospital Association Conference Center; 760 Alexander Road; Princeton, NJ 08540; Phone: (609) 275-4140
- **Brochure:** Brochure, agenda, and registration form attached.

#### **RFP's**

The following are the Preliminary Awards for MESH:

- Bridgeway Rehabilitation Services (Somerset/Warren County) Greystone Catchment Area
- Triple C Housing (mercer County) Trenton Psychiatric Hospital Catchment Area
- Ocean Mental Health Services (Ocean County) Ancora Catchment Area

The following are the Preliminary Awards for STAR:

- Care Plus NJ Inc.-Morris County
- Care Plus NJ Inc.-Passaic County
- The Center for Prevention and Counseling-Sussex County

The following are the Final Awards for Alternative Approaches to Pain Management for Older Adults to the Northern Region

- Community in Crisis, Inc. Jody D'Agostini \$75,000 Somerset
- Family Guidance Center of Warren County Michele Eichorn \$74,078 Warren

### **Housing**

Backfill names are no longer required for DHMAS rental subsidies.

### **Staff Changes**

Vivian Schwartz, Northern Regional Coordinator, retired as of September 1, 2019. Theresa Wilson is Acting Regional Coordinator until the position is filled.

Melinda Harriman is no longer a Contract Administrator and is now a Program Analyst for the Southern Region.

### **Upcoming Meetings**

Reminder that the Quarterly Provider Meeting is September 4<sup>th</sup> from 10:00am-1:00pm.

### **Columbia Suicide Severity Rating Scale**

It's been determined that any staff person, regardless of educational degree, can complete a suicide risk screening provided that they have completed their agency training on the provision of the screening. This is consistent with the intention of the Columbia Suicide Severity Rating Scale. What is critical is that the agency have a policy, on which staff have been trained, operationalizing how staff will follow up with ensuring immediate linkage to a clinician (MA level or higher) if the screening is positive. Licensing is going to ask to see the policies, and review them for adequacy.

### **Murphy Signs Law to Require Mental Health Education in Schools**

Mental health education will be integrated into health and physical education classes for all K-12 students in New Jersey under legislation signed into law Friday by Governor Phil Murphy. The law will take effect immediately and first apply to the 2020-2021 school year. It passed Assembly in June by a vote of 74-0, and the Senate in March 34-0.

## **VI. Staff Reports**

### **Municipal Alliance Coordinator – Ms. Heather Rose**

Morris County Municipal Alliance is a sponsor for the October 4, 2019 free event 'Journey Through Recovery: Things I must Express'. Featured performers will share the journey through addiction and recovery using music, art, and personal stories. There will be educational and resource tables prior to the performance. This event is during 'Knock Out Opioid' weekend and is part of our youth prevention awareness initiatives. Life Center Stage is organizing ticket reservations, [www.lifecenterstage.org](http://www.lifecenterstage.org).

We are finishing reporting for FY2019.

The Letter of Agreements for FY2020 Municipal Alliance and CY 2019 Supplemental have been fully executed.

FY2021 – 2025 New Municipal Alliance Grant Cycle Intervention Lists, Guidelines, and forms were released on September 6, 2019. We will be holding a County-wide Alliance meeting on September 30, 2019 and have invited GCADA to come present on the grant.

#### **Addictions Services Administrative – Ms. Beth Jacobson**

Currently preparing the Chapter 51 Application for 2020 funding is due on October 30, 2019.

The County Comprehensive Plan, approved by the State, to be published on the Morris County website.

After 26 years of service, Ms. Jacobson announced she is taking early retirement from Morris County as of October 31, 2019. Ms. Jacobson has accepted a position with NewBridge Services.

#### **Mental Health Administrator – Ms. Laurie Becker**

There are a lot upcoming Fall Events.

- Mental Health & Wellness Expo on Saturday, September 14 at 46 Lidgerwood Park, Morristown from 11:00 a.m. to 3:00 p.m. Ricky's Compass, a non-profit organization, is sponsoring the event. Admission is free and there will be guest speakers, yoga, food, art display, and an interactive sketch.
- The next Stigma Free meeting will be held on Tuesday, September 17 at 1 Medical Drive, Morris Plains from 2:00 p.m. to 3:30 p.m. Joe Byrne, New Jersey AIDS Services, will discuss Interception of Stigma, LGBTQ, MH, Substance Use—Topic for a potential Morris Stigma Free Communities event.
- Relay For Recovery – Experience, Strength, & Hope on Thursday, September 19 at Morristown Green, 10 North Park Place, Morristown from 12:00 p.m. to 4:00 p.m. CARES, The Alumni Association of the Morris County Drug Court, Life Center Stage, and Community Coalition for a Safe & Health Morris are sponsoring the event. Resource tables, speakers, Hope One, and more.
- On Friday, October 18, the Morris County Mental Health Coalition, an active group of service providers, advocates, and concerned family members, will host their 2<sup>nd</sup> Annual Legislative Breakfast at the Park Avenue Club in Florham Park from 8:30 a.m. to 10:30 a.m.
- Legal Services of Northwestern New Jersey and Employment & Training Services will holding a Service Provider Forum on Monday, October 28 at the Morris County Public Safety Training Academy from 9:30 a.m. to 1:30 p.m. This event is open to Social Services Providers from Morris, Sussex, Warren, Somerset, and Hunterdon counties and a light breakfast will be provided. Housing & Tenant's Rights, Debt Collection, Expungement, Career Services are the topics of discussion.

**VII. Joint PAC Report – Ms. Beth Jacobson**

Another discussion about the Children’s System and substance abuse. Ms. Robin Federico from DCF had reported that under the new direction of Ms. Molly Green, they would be paying more attention to substance abuse.

NewBridge new program ‘Tame the Pain – Alternatives to Pain Management’. The program is not just for seniors but also caregivers. Referrals are no longer going through the Visiting Nurses Association (VNA). NewBridge is taking referrals directly for seniors and caregivers for at home counselling.

Morris Sussex Family Intervention Services (FIS) has a new program ‘Problematic Sexual Behaviors’ for children ages 7 – 10 and working with the Center for Family Services. FIS will give presentations on this program.

**VIII. HSAC Report – Ms. Jane Shivas**

The main discussion was on Human Services Needs Assessment. This is a new charge. The State is assigning counties to complete the Assessment every two years. The Needs Assessment is still in the development phase. The State Department of Children and Families (DCF) is leading the assessment, which includes the State Department of Human Services population. DCF has divided the 21 Counties into two groups. The first group of 10 counties will start their Needs Assessment Fall/Winter 2 - 019 and the second group will start in the Fall/Winter 2020. Morris County was assigned to the second group.

The HSAC Program Review committee will be meeting on September 4 and September 5, 2019 to start developing funding recommendations for Child Abuse Prevention (CAP), Social Services for the Homeless (SSH), General Grant in Aid, and Navigating Hope applications for year 2020. These recommendations will come before the General HSAC Committee at the September 24, 2019 meeting.

**IX. Old Business – None**

Ms. Ashley Reed provided the following statics on Navigating Hope

Category	Year to Date Totals Unduplicated	Since Inception Totals Unduplicated
People Wo Have Visited	1,269	3,972
# of Business Cards Handed Out	117	412
Brochures Handed Out	743	1,786
Placed in Recovery	22	47
Placed in Rehab	26	102

Mental Health Services	16	108
Narcan Training	406	1,936 (37 used)
Other Services	21	59
Total Contacts	2,620	8,455
		328 Stop for 1,514 hrs. on the Road

**X. New Business – No Comment**

**XI. Open to the Public – No Comment**

**XII. Funding – 2020 Grant In Aid & Chapter 51 Recommendations** (moved to the end of the meeting)

**Closed Session**

Ms. McMann asked anyone in conflict leave the room for the closed session. Five excused themselves (Ms. Eileen Alexander, Ms. Kathy DeFillippo, Ms. Ashley Reed, Ms. Jane Shivas, and Ms. Tracey Skop). Ms. Carol DeGraw made a motion to begin the closed session of the meeting and Ms. Linda Csengeto seconded the motion with no opposition and two abstentions. The meeting closed at 6:25 p.m.

At 7:05 p.m., Ms. Carol DeGraw made a motion to return to open session, seconded by Ms. LaJuan Tucker with no opposition and no abstentions. No one returned to the meeting.

**Open Session**

Ms. McMann state that the funding subcommittee me, reviewed and discussed all funding applications. The subcommittee recommends that the MHASAB approve all 2020 Grant-In-Aid funding recommendations as discussed in closed session. On motion of Ms. Cheryl Garodnick, seconded by Mr. Chris Chernick, 2020 funding recommendations for GIA are approved with no opposition and two abstentions.

The funding subcommittee also recommends that the MHASAB approve all 2020 Chapter 51 funding recommendations as discussed in closed session. On motion of Ms. Carol DeGraw, seconded by Ms. Barbara Ward, 2020 funding recommendations for Chapter 51 are approved with no opposition and two abstentions.

Ms. Jacobson stated she has two subgrant modifications.

1. Freedom House – Requesting that \$30,000.00 be reallocated in support of Brian’s House, transitional housing support program for men in recovery at 1 Ann Street, expenditures at the end of September to determine projections and if reallocation is needed.

2. NewBridge Services – Seeking to modify the subgrant to request that reimbursement be mad based on a daily rate, which helps cover non-reimbursable expenses. Number of clients served would be a minimum of 50 clients per year. Suspend Fee for Service reimbursement as of June 30, 2019 and change to an all-inclusive “day rate” effective July 1<sup>st</sup> at a rate of \$132 to include; access services, case management, supervision and coordination, and administrative support.

Ms. Garodnick mad a motion to approve both subgrant modifications. Ms. DeGraw seconded the motion. All were in favor with no opposition and two abstentions. Motion carried.

Ms. Jacobson stated she had 2019 GIA and Chapter 51 Expenditures and Reallocations.

### **2019 GIA Expenditures/Reallocations**

#### **2019 Chapter 51 Expenditures/Reallocations**

<b>Unspent Dollars</b>	<b>Requests for Additional Dollars</b>
<b>New Hope - \$20,000 (Adult Short term Rehab)</b>	<b>New Jersey AIDS Services - \$17,500</b> – 250 Add’l individual sessions and 40 add’l group sessions. Substance Abuse and LGBTQ+
<b>Total Unspent to Reallocate: \$20,000</b>	<b>Total Requests: \$17,500</b>
<b>Unspent Dollars</b>	<b>Requests for Additional Dollars</b>
<b>New Hope (Detox) - \$10,000</b>	<b>Mental Health Association - \$10,000</b> – Expand MHFA to other populations.
<b>New Hope (Adult) - \$10,000</b>	<b>Daytop - \$34,000 (\$17,400)</b> – Add’l IOP and OP sessions
<b>New Hope (Halfway House) - \$ 4,500</b>	<b>ALFRE - \$5,000</b> – 55 Add’l bed days
<b>Turning Point (STR ) - \$33,597</b>	<b>MCPIK (CARES) - \$28,000 (\$17,400)</b> – Add’l 1,150 recovery contacts and \$5,000 for clothing, hygiene, transportation, and harm reduction supplies.
<b>Turning Point (Detox) - \$23,546</b>	
<b>Total Unspent to Reallocate: \$81,643</b>	<b>Total Requests: \$77,000 (\$49,800)</b>

Ms. DeGraw made a motion to approve all 2019 GIA and Chapter 51 Expenditures and Reallocations, seconded by Ms. Csengeto. All were in favor with no opposition and two abstentions. Motion carried.

### **XIII. Adjourn**

Motion made by Ms. Garodnick to adjourn the meeting. Meeting adjourned at 7:10 p.m.

**Respectfully Submitted,**  
 Anna Marie Hess  
 Front Office Clerk II