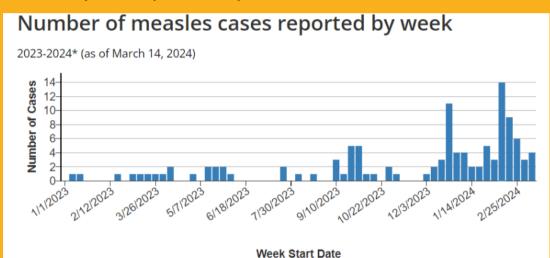
Measles and The Importance of Vaccination

What Everyone Should Know



Although measles was declared eliminated in the United States in 2000, almost 1,300 cases of measles were reported in 31 states in the U.S. in 2019—the greatest number since 1992. The 2019 U.S. measles outbreaks were all linked to travel-related cases that reached at-risk populations (un- or under vaccinated against measles) in the United States.

Measles is highly contagious. The virus that causes measles lives in the nose and throat and is sprayed into the air when an infected person sneezes, coughs or talks. It can stay in the air for up to 2 hours. Early symptoms of measles occur 10 days to 2 weeks after exposure and may resemble a cold (with fever, cough, runny nose, and red eyes) and a rash occurs on the skin 2-4 days after the initial symptoms develop. People with measles can spread the disease 4 days before the rash begins until 4 days after rash onset. The first symptoms appear 10 – 14 days after a person is exposed.



As of March 14, 2024, a total of 58 measles cases were reported by jurisdictions: Arizona, California. Florida. Georgia, Indiana. Illinois. Louisiana. Maryland, Michigan, Minnesota, Missouri, New Jersey, New York City, Ohio, Pennsylvania, Virginia, and Washington.

The Importance of MMR Vaccination

The MMR vaccine is very effective at protecting against measles, mumps, and rubella, and preventing the complications caused by these diseases. People who receive MMR vaccination according to the U.S. vaccination schedule are <u>usually considered protected for life</u> against measles and rubella.

- One dose of MMR vaccine is 93% effective against measles, 78% effective against mumps, and 97% effective against rubella.
- Two doses of MMR vaccine are 97% effective against measles and 88% effective against mumps.

For more information on the measles cases and outbreaks, visit: www.cdc.gov/vaccines/vpd/mmr/public/index.html

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