

STOP MOSQUITOES BEFORE THEY START!

Mosquitoes aren't just a nuisance, they can carry serious diseases like West Nile virus, Zika, and Eastern Equine Encephalitis (EEE). One of the easiest ways to prevent mosquito bites? Get rid of standing water.

💧 Why Standing Water Matters

Mosquitoes lay eggs in standing water, and it only takes a capful to breed hundreds of mosquitoes in just days! Summer rains, sprinklers, and backyard items can create the perfect breeding ground — right outside your door.

Check These Common Trouble Spots Weekly:

- Buckets, flower pots, and toys – Empty them or store upside down.
- Birdbaths and pet bowls – Change water every 2–3 days.
- Clogged gutters – Clean regularly to prevent pooling.
- Tires, tarps, & covers – Keep them dry or tightly sealed.
- Kiddie pools – Drain and store when not in use.



Bonus Tip: Scrub It Out!

Even after dumping water, mosquito eggs can stick to surfaces. Scrub containers to fully eliminate eggs and larvae.

Protect Yourself Too:

Use EPA-registered insect repellent with DEET, picaridin, or oil of lemon eucalyptus. Wear long sleeves and pants at dawn and dusk when mosquitoes are most active. Install or repair window and door screens to keep bugs out.

For more information on mosquitos and standing water, visit:
www.nj.gov/health/news/2025/approved/20250703a.shtml



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