

MORRIS COUNTY  
OFFICE ON AGING, DISABILITIES  
& COMMUNITY PROGRAMMING



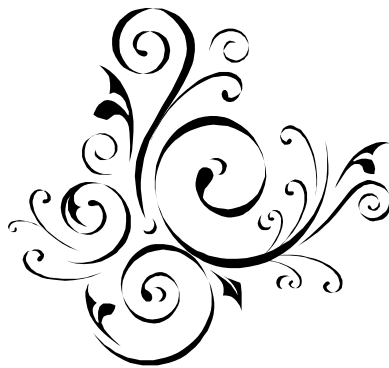
**2022-2024 PUBLIC HEARING**

**June 8, 2022**

# *Mission Statement*



*To implement and coordinate a comprehensive continuum of services that meets the needs of seniors, individuals with disabilities and veterans, especially those who are economically or socially disadvantaged.*





## **MORRIS County Board of County Commissioners**

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## **ABOUT MORRIS COUNTY OFFICE ON AGING, DISABILITIES AND COMMUNITY PROGRAMMING.....**

**Information and Assistance (I&A):** Provides consumers with information to appropriate programs and services; benefit screening and entitlement consultation; Presentations, and much more.

**Care Management:** Morris County Adult Services provide Care Management to elderly, disabled and frail individuals deemed at risk of premature institutionalization. Care managers may link the individual with appropriate community-based services, thus allowing him/her to remain in the community home. Frequently requested services include, but is not limited to personal care, home delivered meals, light housekeeping, transportation, and respite for caregivers.

**Adult Protective Service (APS):** Voluntary or court-ordered social, legal, financial, medical, or psychiatric services necessary to safeguard a vulnerable adult's rights and resources and to protect a vulnerable adult from abuse, neglect or exploitation as carried out by the designated APS provider.

**Caregiver Support:** Provides peer support, education, and information to caregivers, both elderly and non-elderly, of older persons.

**Veterans Services:** Provides information and assistance to honorably discharged Morris County Veterans and their families in obtaining VA benefits and entitlements. The Veterans Services Office is responsible for recording the location of graves of Morris County Veterans. The office provides flags each year to decorate those graves on Memorial Day, Assists in Claims.

**Transportation:** The purpose of the Morris Area Paratransit System is to transport senior citizens and individuals with disabilities to medical appointments, rehabilitation programs, employment and adult day care.

**Nutrition Services:** The mission of Nutrition Services is to provide hot nutritious meals, education and other supportive services to assist both congregate and home delivered recipients in maintaining and/or improving their health status and independence. Home Delivered Meal Services (Meals on Wheels) is available to homebound older adults who are unable to provide for their own nutritional needs due to acute/chronic illness or handicap.

# **We asked for your help and you gave it. Thank you.**

Each year the Morris County Office on Aging, Disabilities and Community Programming conducts surveys assessing the needs of Morris County Seniors to assist with our planning efforts.

The results are in and below are top ten ranking services!

The top ten **CRITICAL** services:

1. Information & Assistance
2. Adult Day Care
3. Senior Centers
4. Transportation
5. Certified Home Health Aide
6. Housekeeping
7. Home Delivery Meals
8. Caregivers Services
9. Socialization & Recreation
10. Exercise Program

The top ten **IMPORTANT** services:

1. Mental Health Services
2. Legal Assistance
3. Grocery Shopper Services
4. Care Management
5. Oral Health
6. Residential Maintenance
7. Telephone Reassurance
8. Elder Abuse
9. Supports Groups
10. Health Education

# AGING AND DISABILITY RESOURCE CONNECTION (ADRC)



## ***WHAT DOES THIS MEAN?***

ADRC's offer the general public a single source for information and assistance on issues affecting older people and people with disabilities regardless of their income. ADRC's are welcoming and convenient locations for you and your family to get information, advice, and access to a wide variety of services. ADRC is not a program...but a focused process designed to standardize and streamline the eligibility process and improve access to services.

## ***WHAT KIND OF SERVICE CAN I GET?***

### **Information and Assistance**

Information and Assistance Specialists provide you with knowledge about services, programs, and solutions for disability and long-term care issues such as living arrangements, health, adult protective services, employment and training for people with disabilities, home maintenance, nutrition, Social Security, and other publicly funded programs.

### **Long-Term Care Options Counseling**

Options Counselors offer information about the choices that are available to meet your long-term care needs.

### **Health and Wellness**

There are many ways that someone can stay healthy and avoid injury even if a person is getting older or living with a disability. The ADRC can make connections for you that will support your best possible health and safety.

### **Benefits Counseling**

Benefits Specialists can provide accurate and current information about private and government benefits and programs that you may be entitled to receive.

## 2021 SUMMARY OF THE SERVICES PROVIDED

Service	Cost
<b>Adult Protective Services (APS)</b> <i>Voluntary or court-ordered social, legal, financial, medical or psychiatric services necessary to safeguard a vulnerable adult's rights and resources and to protect a vulnerable adult from abuse, neglect or exploitation as carried out by the designated APS provider.</i>	\$253,060
<b>Assisted Transportation</b> <i>To provide an individualized linkage for functionally impaired or isolated older persons to enable them to utilize community facilities and services, such as banks, stores, medical resources, and other necessary destinations which they are unable to access due to transportation and/or health barriers.</i>	\$34,676
<b>Care Management/NFCSP Care Management</b> <i>Care Management is a collaborative process or activity including, but is not limited to, care planning, service coordination, Plan of Care (POC) monitoring, and advocacy provided by a qualified professional Care Manager.</i>	\$195,268
<b>Mental Health/NFCSP Caregiver Mental Health Counseling</b> <i>Provide individual mental health counseling to help the caregiver with the normal anger, frustration, guilt, isolation and depression that many individuals experience as caregivers.</i>	\$137,865
<b>Certified Home Health Aide/NFCSP Certified Home Health Aide</b> <i>General support by certified and professionally supervised home health aides to maintain, strengthen, and safeguard the functioning of older individuals and families in their own homes during periods of illness or severe instability.</i>	\$194,025
<b>Congregate Nutrition</b> <i>The provision of nutritionally adequate meals which assure, at a minimum, one-third of the Recommended Dietary Allowance (RDA) to older persons at congregate meal sites.</i>	\$226,457
<b>Education</b> <i>Formally structured classes, lectures, or seminars that provide older persons with opportunities to acquire knowledge and skills suited to their interests.</i>	\$3,935
<b>Friendly Visiting</b> <i>An organized service that provides regular visits to socially and/or geographically isolated older individuals for purposes of providing companionship and social contact.</i>	\$8,701
<b>Home Delivered Nutrition</b> <i>The provision of nutritionally adequate meals which assure, at a minimum, 1/3 of the Recommended Dietary Allowance (RDA) to older persons in their places of residence.</i>	\$1,025,874
<b>Information and Assistance/NFCSP Information and Assistance</b> <i>The provision of specific information or assistance, to or on behalf of older persons, which will enable individuals to obtain available services, benefits or entitlements.</i>	\$114,540
<b>Money Management</b> <i>A service provided by a volunteer or paid staff person for routine basic upkeep and management of homes, for the purpose of enabling older persons to maintain themselves in their place of residence by removing housekeeping barriers.</i>	\$4,835
<b>Legal Assistance</b>	\$74,520

<i>Legal advice, assistance, and/or representation provided by or under the supervision of a lawyer, in order to protect and secure the rights of older persons.</i>	
<b>Nutrition Counseling</b> <i>Provision of individualized advice and guidance to older adults (or caregivers of older adults), who are at nutritional risk, because of their health or nutritional history, dietary intake, medicines use, or chronic illnesses, about options and methods for improving their nutritional status.</i>	\$815
<b>Nutrition Education</b> <i>A program to promote better health through the provision of accurate and culturally sensitive nutrition and health related information for participants of the congregate nutrition program or other older adults in a group setting or homebound older adults.</i>	\$1,430
<b>Outreach NFCSP</b> <i>A service, initiated by the service provider designed to locate and identify specific older persons and their caregivers in need of specific service(s), and is conducted to encourage and assist older persons to utilize a particular benefits and/or programs available to them.</i>	\$1,943
<b>Professional In-Home Education and Support NFCSP</b> <i>Provide individual education and support to unpaid caregivers at home so that they can improve their ability and effectiveness as caregivers and prolong their ability to provide care for an elderly individual or an individual who is less than 60 and has a diagnosis of early onset dementia.</i>	\$28,411
<b>Public Awareness Information/NFCSP Public Awareness Information</b> <i>An activity conducted to promote awareness of programs, services and information of relevance to older persons, family caregivers, adults with physical disabilities age 18 and older and private-pay consumers.</i>	\$101,729
<b>Residential Maintenance</b> <i>A service provided by a volunteer or paid staff person for intermittent household and/or yard care to eligible older persons whose health and safety are threatened because they cannot perform these services by themselves and/or are at risk of institutional placement.</i>	\$30,075
<b>Respite Care NFCSP</b> <i>Short term or intermittent care, provided to older persons and their caregivers either in their homes or in other appropriate facilities, because of the absence or the need for relief of those persons normally providing care.</i>	\$67,313
<b>State Weekend Home Delivered Meals</b> <i>The provision of nutritionally adequate meals which assure, at a minimum, one-third of the Recommended Dietary Allowance (RDA) to older persons at their place of residence on weekends and/or holidays.</i>	\$59,106
<b>Telephone Reassurance</b> <i>An organized service that provides regular telephone calls to homebound older persons to assure their well-being and safety and to provide social interaction and psychological reassurance.</i>	\$9,798
<b>Trained Volunteer Assistance NFCSP</b> <i>Provide well-trained, reliable volunteers affiliated with community and faith based organizations that can respond quickly and courteously to caregivers' requests for help.</i>	\$22,525
<b>Visiting Nurse/NFCSP Visiting Nurse</b> <i>Services designed to maintain older persons in their own residences or community-based settings by providing skilled nursing services or therapy, thereby avoiding or deterring the need for hospitalization or institutionalization.</i>	103,572



<b>Wander Safety System</b> <i>A Tracking System to assist caregivers caring for individuals with Alzheimer's and related dementias, that puts them at risk for harm due to wandering.</i>	\$20,500
<b>COVID-19 Funding Aging/Disabilities</b> <i>Information &amp; Assistance, Care Management, Public Awareness, Adult Protective Services, and Emergency</i>	\$29,953
<b>COVID-19 Funding Nutrition</b> <i>Home Delivered Meals</i>	\$206,736
<b>COVID-19 Funding Community Providers</b> <i>Mental Health, NFCSP Caregiver Mental Health Counseling, NFCSP Information and Assistance, NFCSP Group Education, NFCSP Socialization Recreation, NFCSP Respite Care, Assistive Technology, Physical Health and Housekeeping</i>	\$159,525

## PUBLIC HEARING

The Morris County Office on Aging, Disabilities & Community Programming is holding a public meeting to discuss the spending plan for the 2023 Area Plan Contract under The Older Americans Act.

The meeting will also be held virtually via WebEx . Roxbury Nutrition Site, 72 Eyland Avenue, on Wednesday, June 8, 2022, at 12:00 P.M.

Go to: <https://www.morriscountynj.gov/Departments/Human-Services/Human-Services-Boards-Committees/Advisory-Council-on-Aging-Disabilities-Veterans>

If you need additional information or documents that will be reviewed at the hearing will be available by May 27, 2022 to receive the documents electronically or to schedule a pick up, contact Maria Rosario, Morris County Office on Aging, Disabilities & Community Programming, (973) 285-6847, Monday through Friday, between 8:30 am – 4:30 pm. Comments may also be mailed to Morris County Office on Aging, Disabilities & Community Programming, P.O. Box 900, Morristown, NJ 07963-0900 or email to [mrosario@co.morris.nj.us](mailto:mrosario@co.morris.nj.us).

Sometimes you don't always think of a question or comment during the hearing and then later it pops into your mind.

We want to know your thoughts, so please write them down and submit them to us at the following address:

***Attention: Maria Rosario  
Morris County Office on Aging, Disabilities  
and Community Programming  
PO Box 900  
Morristown, New Jersey 07963-0900***

