# **MORRIS COUNTY**

## DEPARTMENT OF HUMAN SERVICES



#### RESOURCE DIRECTORY

## OFFICE OF AGING, DISABILITIES AND **COMMUNITY PROGRAMMING**

(973) 285-6848 (877) 222-3737 (800) 564-4656

morriscountynj.gov/Departments/Aging-Disabilities-CommunityProgramming

Aging & Disability Resource Connection (ADRC)

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#### OFFICE OF AGING, DISABILITIES AND COMMUNITY PROGRAMMING P.O. BOX 900

#### MORRISTOWN, NEW JERSEY 07963-0900

morriscountynj.gov/Departments/Aging-DisabilitiesCommunityProgramming

This directory of services has been compiled by the Morris County Office of Aging, Disabilities and Community Programming. If you are over the age of 60, disabled or a veteran of the United States Armed Forces, you may be eligible for a variety of services listed within this directory.

Many of the programs listed are provided by the Morris County Office of Aging, Disabilities and Community Programming, State and County Agencies, and through private Foundations and Charities. The Morris County Board of Commissioners, the Older Americans Act and the State of New Jersey are responsible for much of the funding for these programs.

The New Jersey Department of Human Services have established a "one-door" access to services that will help people age in place. In New Jersey, this is called the Aging and Disability Resource Connection (ADRC) and/or Area Agency on Aging (AAA). Individuals and caregivers can receive information on a variety of services designed to foster the independence and dignity of Morris County citizens in need of assistance.

The Morris County Aging & Disability Resource Connection (ADRC) can be reached by calling (800) 564-4656 or (877) 222-3737.

Our hours of operation are 8:30 AM to 4:30 PM, Monday through Friday. .

This directory provides general information on Morris County non-profit organizations. The Morris County Office of Aging, Disabilities and Community Programming reserves the right to publish items as space permits. Listed programs do not imply endorsement.

Contact us for additional Publications:

- Day Centers serving Morris County
- Elder Home Safety Checklist
- Home Care Agencies Serving Morris County
- Morris County Caregivers Resource Directory
- Morris County Housing Options
- Morris County Income Restricted Rental Senior Housing Guide
- Morris County Nutrition Project Brochure
- Morris County Transportation Guide

#### ADULT PROTECTIVE SERVICES

• Senior Citizens and people with disabilities, who are unable to act on their own behalf and are victims of abuse, neglect and/or exploitation, may receive assistance through this program. Anyone who has information on possible abuse may call to report their concerns.

Morris County Adult Protective Services

(973) 326-7282

#### ALERT SYSTEMS

• A personal emergency response system can link you to 24-hour assistance.

Hope Connection, Hope House

(973) 361-5555

• Disability and Oxygen Emblem

NJ Division of Fire Safety, NJ Department of Community Affairs

(609) 633-6106

• A signal tracking bracelet is available for those who have a history of wandering and who live with a caregiver.

Project Lifesaver, Morris County Sheriff's Office

(973) 285-6681

### ASSISTIVE DEVICES

• Although some purchased equipment may be covered by Medicare, much is not covered and may be costly. Information is provided on borrowing, or low cost purchasing of equipment.

American Cancer Society	(973) 285-8010
Back in Action, Disability Rights New Jersey	(800) 922-7233 or
	(609) 292-9742
Pluckemin Presbyterian Church	(908) 396-6057

• Breeding and training guide dogs

Guide Dog Foundation for the Blind (800) 548-4337 or (631) 930-9000

## ASSISTIVE DEVICES (continued)

Guiding Eyes for the Blind

(800) 942-0149

Seeing Eye

(973) 539-4425

• Assistive Communication Device Demonstration Center. Devices include Amplified Telephone CapTel, Hearing Carry Over (HCO) Telephone, Smoke Detector, Carbon Monoxide Detector, Baby Cry Alert System and Artificial Larynx Device (ALD).

NJ Division of the Deaf and Hard of Hearing

(800) 792-8339 or

(609) 984-7281

V/TTY

• Hardware and equipment for the hearing impaired, as well as ASL Access Video collection is available.

Morris County Public Library

(973) 285-6930

NJ Library for the Blind & Physically Handicapped

(800) 792-8322

• Relay Service available for individuals to communicate with those who are deaf or have a speech impediment. An operator will type what a person says and speak the response from the deaf person.

New Jersey Relay

711

- Books, magazines and newspapers are read to the blind or visually impaired by volunteers with the assistance of an audio receiver which can be obtained.
- Textbooks recorded for the blind and dyslexic.

Learning Ally

(800) 221-4792

• Sign language interpreter.

NJ Division of the Deaf and Hard of Hearing

(800) 792-8339 or

(609) 984-7281

V/TTY

#### CARE MANAGEMENT

• Care Managers link individuals with appropriate community based services

Office of Aging, Disabilities and Community Programming

(800) 564-4656

NewBridge Services

(973) 839-2520

Care management services for individuals under age 60 with disabilities

DAWN Center for Independent Living

(973) 625-1940

• Special Child Health Services (SCHS) offers care management to families with a disabled child, from birth to age 21.

Morris County SCHS-Case Management Unit.

(973) 971-4155

• Case workers assist people who are blind / visually impaired to services for adjustment to vision loss.

NJ Commission for the Blind & Visually Impaired

(973) 648-2111

Care management is provided to those who have a developmental disability

NJ Division of Developmental Disabilities

(973) 927-2600

#### **CAREGIVER**

- A Caregiver is anyone who is responsible for the care and well-being of another person living in the community. For a full range of information, you can check the Caregiver Resource Directory publication at morriscountynjgov/Departments/Human-Services
- Jersey Assistance for Community Caregiving (JACC) is an income-based program designed to supplement assistance given by a senior's caregiver network, family, friends, and neighbors.

Office of Aging, Disabilities and Community Programming

(973) 285-6848

• Caregivers Coalition of Morris County works to improve the lives of the caregivers.

Caregivers Coalition Coordinator

(973) 993-1160

Ext 534

Caregiver Smart Solutions (888) 585-5022

## • CAREGIVER (continued)

• Kinship caregivers, child care resources for adults who are raising relative's children in their own homes.

Assistive Technology for Caregivers Program	(973) 539-3882
Child & Family Resources	(973) 398-1730
Jewish Family Services of Metro West Caregiver Connect Program	(973) 765-9050
Kinship Navigator Program	211
United Way of Northern New Jersey	(973) 993-1160

• Veterans Caregiver Support

Caregiver support line toll free (855) 260-3274

## DAY PROGRAMS

• Social/Recreational Day Care is available for those in need of supervised activities outside the home. Programs are geared to the participants' interests and capabilities. Snack/lunch may be provided.

Adult Day Center of the Visiting N	(908) 766-0180	
Cornerstone Adult Day Center	Morris Plains	(973) 326-7288
Accepts Veterans benefits		

Day programs are available to different age groups and disabilities.

Allegro School	(973) 993-1140
Community Options	(973) 872-7111
P.G. Chambers School	(973) 829-8484
Revolution New Jersey	(862) 244-4402
Skyland Center - Offering Autism Programs	(908) 850-6440

#### **EDUCATION**

• Continued or renewed educational experiences for older adults who want to expand their horizons or develop new interests are available at the following colleges.

Centenary University	(908) 852-1400
College of Saint Elizabeth	(973) 290-4000
County College of Morris	(973) 328-5000
Drew University	(973) 408-3000
Fairleigh Dickinson University	(973) 443-8500
<b>T</b> 7	

Veteran education and training benefits.

Department of Veterans Affairs

(888) 442-4551

## **EMERGENCY ASSISTANCE**

• Emergency Assistance agencies provide a number of services for unexpected emergencies. State database also for residents with special needs to provide information to emergency response agencies, so emergency responders can better plan to serve them in a disaster or other emergency.

Register online at www.registerready.nj.gov/

Alerts911		(800) 503-5676
American Red Cross, NJ Crossroads Chapter		(908) 273-2076
Morris County Office of Temporary Assistance		(973) 829-8264
Salvation Army	Dover	(973) 366-6626
Salvation Army	Morristown	(973) 539-2700

## EMPLOYMENT ASSISTANCE

• Help is available to assist senior citizens interested in employment opportunities with counseling, assessment, training, resume writing, and job searches.

Morris County Employment and Training Services	(800) 870-3478 or
	(973) 285-6880

## EMPLOYMENT ASSISTANCE (continued)

Morris Plains (limited services) One Stop Career Center (973) 829-8504

> Randolph (862) 397-5600

Vocational evaluation, job-coaching, on-site employment experience, shelter workshops, supportive employment, career counseling and job placement to individuals with disabilities.

Allegro Employment & Training Center	(973) 993-8854		
The Arc/Morris	(973) 970-9326		
Cheshire Home Inc.	(973) 966-1232		
Community Options	(973) 971-0082		
One-Stop Career Center Randolph	(862) 397-5600		
Employment Horizons	(973) 538-8822 (prompt # 6)		
Morris County Employment and Training Services	(800) 870-3478 or (973) 285-6880		
Revolution New Jersey Inc.	(862) 244-4402		

- Placement services and intensive job coaching for the deaf, late deafened, and hard of hearing adults.
- Vocational assessment, training, career exploration, job sampling, and job coaching for students ages 17-21, who are diagnosed as neurologically impaired, communication handicapped, or multiply handicapped.

ECLC of New Jersey (973) 635-1700

Vocational evaluation to those affected by traumatic brain injury.

(973) 971-4464

(973) 648-2700

**Employment training services available for discharged veterans.** 

New Jersey Division on Civil Rights, Newark Regional Office

Atlantic Rehabilitation Institute

Veterans Employment & Training Service (609) 292-2930

If you feel that your rights have been violated on the job or in search of employment.

#### **FOOD AND NUTRITION**

• The Morris County Nutrition Project provides hot nutritious meals, education and personal interaction through three components: Congregate Meals, Home Delivered Meals (MOW), and Weekend Meals for residents age 60+.

Morris County Nutrition Project

(973) 285-6856

340 W. Hanover Ave.

Morris Township, NJ 07963

Nutrition Project Midday Friendship Centers

See pages 24-25

**Morristown Meals On Wheels** 

(973) 532-2706

• The Supplemental Nutrition Assistance Program (SNAP) / Food Stamp Program can increase the food purchasing power of eligible low-income households.

Morris County Office of Temporary Assistance

(973) 326-7800

**Morristown Meals On Wheels** 

(973) 532-2706

• House Call Groceries for Seniors provides a volunteer grocery shopper to frail, elderly seniors over the age of 60 who live in Morris County.

Visiting Nurse Association of Northern NJ

(973) 451-4119

Food Pantries and home delivery are available for those who qualify.

Interfaith Food Pantry

(973) 538-8049

## **HEALTH**

• Awareness, education and health screenings.

Chilton Medical Center		(973) 831-5000
Hackettstown Regional Medical Center		(908) 852-5100
Morris County Family Success Center		(973) 620-9711
Morristown Medical Center Atlantic Health		(800) 247-9580
Saint Clare's Health Syste	em	(973) 989-3000
Zufall Health Center	Dover	(973) 328-3344
	Morristown	(973) 267-0002

•	Alcoholism	information	and	assistance	on	programs.
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	Morris County Prevention is Key	(973) 625-1998
•	Alzheimer's and related disorders information and referral.	
	Alzheimer's Association, Greater New Jersey Chapter	(800) 272-3900
	Alzheimer's NJ Helpline	(888) 280-6055
	Alzheimer's Disease Helpline, COPSA Institute	(800) 424-2494
	Jewish Family Services of Metro West	(973) 765-9050
•	Arthritis information, outreach, self-management programs.	
	North Jersey Regional Arthritis Center	(877) 973-6500
	Healthy Bones program – NORWESCAP	(973) 784-4900
•	Assessment programs offer comprehensive multi-disciplinary ass focused on meeting seniors complete medical needs.	essment service
	Comprehensive Services on Aging (COPSA)	(800) 424-2494
	Hunterdon Medical Center-Central for Healthy Aging	(908) 788-6373
	Jewish Family Service of MetroWest	(973) 765-9050
	Morristown Medical Center	(973) 971-7022
•	Cancer programs, support groups and services.	
	American Cancer Society, Northwest NJ Region	(973) 331-9300
•	Dental Screening, information and referral for children and adul	ts with disabilities
	Rutgers Special Care	(973) 972-7040
	Hackensack Meridian Health at Mountainside Medical Center	(973) 429-6887 (prompt # 2)

• Dental Service.

Morristown Medical Center		(973) 971-5442
New Jersey Dental Association	on North Brunswick	(732) 821-9400
Zufall Health Center	Dover	(973) 328-3344
Geriatric Assessment	Morristown	(973) 267-0002
Geriatric Assessment Center, Geriatric Assessment Program Geriatric Medical Services at Hospital Somerset	n at Saint Clare's	(973) 971-7022 (973)983-5755 (908) 685-2200

• Hearing Aid Assistance to Aged and Disabled (HAAAD) – program provides up to \$100 to NJ residents who are aged and/or disabled for the purchase of a hearing aid. Applicants must meet PAAD eligibility requirements. Applications available.

Office of Aging, Disabilities and Community Programming (800) 564-4656

PAAD & Senior Gold Lifeline (800) 792-9745

• Hearing Equipment DDHH Equipment Distribution Program.

New Jersey Division of the Deaf and Hard of Hearing (609) 588-2648

• Heart Disease information on programs available to reduce death and disability.

American Heart & Stroke Association (609) 208-0020

• Hospitals / Healthcare

Chilton Medical Center (973) 831-5000

Hackettstown Regional Medical Center (908) 852-5100

Morristown Medical Center (973) 971-5000

Saint Clare's Hospital: Boonton (973) 316-1800

Denville (973) 625-6000

Dover (973) 989-3000

	Zufall Health Center	Dover	(973) 328-3344
		Morristown	(973) 267-0002
•	Mental Health		
	Hope House		(973) 361-5555
	Jewish Family Services of M	MetroWest	(973) 765-9050
	Mental Health Association	of Morris County	(973) 334-3496
	NewBridge Services		(973) 316-9333
	Saint Clare's Hospital - Beh	avioral Health	(888) 626-2111
•	Osteoporosis and Related	Bone Diseases.	
	NIH Osteoporosis and Relational Resource Center	ted Bone Diseases	(800)-624-2663
	Healthy Bones program / N	ORWESCAP	(973) 784-4900 x203
•	Parkinson's Disease.		
	National Parkinson's Found	ation	(800) 327-4545
	Information and Referral Co Robert Wood Johnson Univ		(732) 745-7520 (prompt # 1)
•	Physician referral.		(Prompt " 1)
	Chilton Medical Center		(888) 244-5866
	Atlantic Health		(800) 247-9580
•	Visually impaired.		
	Cornerstone Family Program	ms, Friends for the Blind	(973) 538-5260 (ext. 234)
	Eye Care America		(800) 222-3937

NJ Commission for the Blind & Visually Impaired

(973) 648-2111

Vision Loss Alliance

(973) 627-0055

## **HEALTHCARE**

• Medicaid is the United States health program for certain people with low income and resources. Jointly funded by state and federal governments and managed by the states.

NJ Medical Assistance and Health Services

(800) 356-1561

 Medicaid-supported home and community-based service program, MLTSS (Managed Long Term Services and Supports)

Office of Aging, Disabilities and Community Programming

(800) 564-4656

Morris County Office of Temporary Assistance

(973) 285-6469

• Medicare is a national social insurance program administered by the US Federal Government.

General Medicare Information

(800) 633-4227

PAAD & Senior Gold Lifeline

(800) 792-9745

• Veterans Photo Identification Card (VIC) available for all veterans registered in the VA healthcare system

East Orange VA Medical Center

(973) 676-1000

#### **HOMELESSNESS**

• Homeless program.

Morris County Office of Temporary Assistance

(973) 326-7800

24HR Homeless Hotline

(800) 640-9783

 Domiciliary for Homeless Veterans, a residential training program for homeless veterans is available as well as counseling to assist with employment, housing, and entitlements.

Lyons VA Medical Center

(908) 647-0180

• Homeless Solutions offers shelter, services, and supportive housing to homeless and low-income people.

Administrative Office

(973) 993-0900

Shelter

(973) 993-0833

• Supportive Services for Veterans Families (SSVF) Program. A homeless prevention program to assist veteran families in maintaining their housing and to re-house families who have recently become homeless.

SSVF Referral Line

(855) 483-8466

## **HOME REPAIRS**

• Safety assessment, minor house repairs for low-income Morris County residents, including seniors, single-parent families, and people with disabilities.

Hope House - Fix-It Program

(973) 361-5555

Morris County Community Development

(973) 285-6030

Morris Habitat for Humanity

(973) 891-1934

Weatherization Program

(973) 366-1131

Morris County Organization for Hispanic Affairs

• The Morris County Housing Rehabilitation Program provides funding to address major system failures for eligible homeowners (except Dover and Parsippany).

Morris County Community Development

(973) 285-6030

## **HOSPICE**

Morristown Housing Authority

• Care and support is available to the terminally ill and their loved ones.

A	Atlantic Home Care and Hospice	(973) 379-8440
(	Compassionate Care Hospice in Sparta	(973) 726-7510
S	St. Barnabas Hospice & Palliative Care	(855) 619-4448
7	Visiting Nurse Association of Northern NJ	(800) 938-4748
7	Visiting Nurse Association of Somerset Hills	(908) 766-0180
Ì	HOUSING	
·	Affordable housing opportunities for low and moderate income fa	amilies.
I	Homeless Solutions	(973) 993-0833
	Homeowner education and counseling. Housing Partnership for Morris County	(973) 659-9222
Ţ	Urban League of Morris County	(973) 539-2121
· 1	Landlord/tenant issue, Fair Housing and Assistance Program.	
Ţ	Urban League	(973) 539-2121
• 1	Public Housing.	
I	Boonton Housing Authority	(973) 335-0846
I	Dover Housing Authority	(973) 361-9444
N	Madison Housing Authority	(973) 377-0258
N	Morris County Housing Authority	(973) 540-0389

• Senior Housing covers a wide range of options, reference the Morris County Housing Options publication at <u>morriscountynj.gov/Departments/Aging-Disabilities-CommunityProgramming</u> or call for a copy.

(973) 538-6343

## **HOUSING** (continued)

	Office of Aging Disabilities and Community Programming	(800) 564-4656
•	Tenant information on your rights in housing.	
	Legal Services of Northwest Jersey	(973) 285-6911
	Urban League of Morris County	(973) 539-2121
	IN-HOME SERVICES	
•	Home Health Aides and Assistance Amada Senior Care	(973) 510-2190
	Atlantic Home Care and Hospice	(973) 379-8440
	Visiting Nurse Association of Northern NJ	(973) 539-1216
	Visiting Nurse Association, Somerset Hills	(908) 766-0180
	Home Health Care Agencies serving Morris County publication morriscountynj.gov/Departments/Aging-Disabilities-Communit call for a copy.	
	Office of Aging, Disabilities and Community Programming Morris County Nutrition Program – Meals on Wheels	(800) 564-4656 (973) 285-6856
	NORWESCAP Friendly Visitor and Telephone Reassurance Hunterdon Helpline Telephone Reassurance	(973) 784-4900 (1-800)782-4357
	LEGAL	

#### **LEGAL**

• Advocacy for the Institutionalized Elderly that seeks to protect the health, safety, welfare, and civil and human rights.

NJ Office of the Ombudsman

(877) 582-6995

• Crime alerts, background information on businesses and complaint forms for NJ residents.

Better Business Bureau (609) 588-0808

NJ Consumer Affairs (800) 242-5846

## LEGAL (continued)

NJ Department of Health

(609) 292-7834

- Criminal Injuries Compensation Act Victims of crime who are age 60 or older do not have to reach a threshold amount before seeking compensation from the courts for out-of-pocket losses.
- Fraud/Scams educational lectures and information are available to Morris County seniors.

Morris County Prosecutor's Office

(973) 285-6200

- Grandparents Visitation Rights Grandparents have the right to visit with their minor grandchildren in the event that the parent(s) are deceased, separated, or divorced. Grandparents may apply to the courts for visitation permission if this right is being denied.
- Legal Counseling.

Legal Services of Northwest Jersey

(973) 285-6911

Morris Family Justice Center

(973) 829-4050

• Office of the Public Guardian is responsible for serving as a guardian or conservator for those NJ citizens who are unable to act on their own behalf and who have no family/friends willing or capable to accept this responsibility.

NJ Office of the Public Guardian

(609) 588-6500

• Referral Service

Morris County Bar Association

(973) 267-5882

• Americans with Disabilities Act (ADA) information and assistance.

Access Board

(800) 872-2253

ADA Information and Referral Line

(800) 514-0301

Equal Employment Opportunity Commission

(800) 669-4000

## LEGAL (continued)

Job Accommodation Network

(800) 526-7234

 Protection for the legal, civil, and human rights of citizens with disabilities by providing representation and advocacy services.

Community Health Law Project

(973) 680-5599

Legal Services of Northwest Jersey

(973) 285-6911

Disability Rights New Jersey

(800) 922-7233 or

(609) 292-9742

U.S. Postal Inspection Service (Scams)

(1-877) 876-2455

#### LIFESKILLS TRAINING

• Blind or visually impaired training in orientation and mobility, adaptive living skills and technology as well as providing educational and counseling services to the individual and their family.

Vision Loss Alliance

(973) 627-0055

• Information and referral, advocacy, social/recreational events, peer support, volunteer opportunities, and individual planning for independent living.

DAWN Center for Independent Living

(888) 383-3296 or

(973) 625-1940

New Jersey Commission for the Blind & Visually Impaired

(973) 648-2111

## **MILITARY MEDALS**

• Morris County Distinguished Service Medal. Visit <u>www.morrishumanservices</u> to obtain an application or call.

Morris County Veterans Service Office

(973) 285-6866

Replacing Military Medals.

Military Personnel Records

(314) 801-0800

#### **NURSING HOME**

• Nursing Homes in Morris County as well as a Long Term Care Facility Checklist can be seen in the Morris County Housing Options publication at <a href="mailto:morriscountynj.gov/Departments/Aging-Disabilities-CommunityProgramming">morriscountynj.gov/Departments/Aging-Disabilities-CommunityProgramming</a> or call for a copy.

Office on Aging Disabilities and Community Programming (800) 564-4656

Morris View Healthcare Center (973) 285-2800

• Limited Nursing Home placement is available for service connected veterans.

Lyons VA Medical Center – Long Term Care (908) 647-0180

NJ Department of Military & Veterans (888) 865-8387

• NJ Veterans Memorial Homes placement for veterans and their spouses.

Menlo Park (732) 452-4100

Paramus (201) 634-8200

Vineland (856) 405-4200

## PERSONAL ASSISTANTS

• Personal Assistance Services Program (PASP) is a program intended to enable permanently disabled adults to work, attend school or engage in a volunteer activity within the community.

Office of Aging, Disabilities and Community Programming (800) 564-4656

#### PHARMACEUTICAL ASSISTANCE

• Medicare Part D helps subsidize the costs of prescription drugs for Medicare beneficiaries in the United States.

General Medicare Information (800) 633-4227

NJ Save is an online application to help low-income seniors and individuals with disabilities save money on Medicare premiums, prescription costs, and other living expenses.

## PHARMACEUTICAL ASSISTANCE (continued)

- Pharmaceutical Assistance to the Aged and Disabled (PAAD) is a program that assists low-income NJ residents who are aged and/or disabled for the purchase of prescription drugs.
- Senior Gold is a prescription discount program for elderly and disabled NJ residents who do not qualify for the PAAD program.

Office of Aging Disabilities and Community Programming

(800) 564-4656

• SHIP is a volunteer driven program sponsored by Northwest New Jersey Community Action Program, Inc. offer a confidential counseling service by trained volunteers.

NORWESCAP / RSVP

(973)784-4900

#### RECREATION

• America the Beautiful - National Parks and Federal Recreational Lands Pass — Senior Pass provides access to, and use of, all national parks and Federal recreation sites.

Recreation.gov (877) 444-6777

Morris County Senior Centers

Listing See pages 25- 28

• New Jersey residents age 62 or over may obtain a pass entitling them to free admission and free parking upon providing adequate verification of their status.

NJ Division of Parks

• Parks and recreational programs are available to Morris County residents.

Morris County Park Commission

(973) 326-7600

(609) 984-0370

• Recreation events for ages 16 and over.

DAWN Center for Independent Living

(973) 625-1940

## RECREATION (continued)

• Seniors 65 – 69 reduced sport license fees, those over 70 free.

NJ Division of Fish, Game, and Wildlife

(609) 292-2965

#### RESPITE

In-Home Respite – Caregivers can receive temporary relief from their responsibilities through Respite Care services which may be provided in-home or at an Adult Day Care. Respite care may be on a regularly scheduled basis or may be arranged for an occasional weekend.

• Vacation Respite-Respite services are available to caregivers for vacation periods And may be provided in a supervised facility.

Visiting Nurse Association of Northern NJ

(973) 539-1216

 Caregivers of people with disabilities can receive temporary relief from their responsibilities through respite care services which may be provided in the home or community.

Allegro School Respite Services	(973) 267-8060
ARC, Morris County Chapter	(973) 326-9750
Cheshire Home Community Resource Center	(973) 966-1232
New Jersey Division of Developmental Disabilities	(973) 927-2600

## SERVICE RECORDS

• The Morris County Clerk's Office will register discharge papers DD-214, WE-53. There is no charge except for a one-dollar charge for certified copies.

Morris County Clerk

(973) 285-6120

• The U.S. National Archives and Records Administration (NARA) can provide copies of service records documentation. Assistance is available either through the internet at <a href="https://www.nara.gov">www.nara.gov</a> or by telephone.

NARA (866) 272-6272

#### **SOCIAL SECURITY**

• Social Security is a Federal insurance program that provides income security to the elderly and people with disabilities.

Social Security Administration

(800) 772-1213

## SUBSTANCE ABUSE

• Inpatient and outpatient programs are available to veterans for alcohol, drug, and gambling rehabilitation.

East Orange VA Medical Center

(973) 676-1000

Lyons VA Medical Center

(908) 647-0180

### SUPPORT GROUPS

• Support groups are available as a source of education and emotional support for various types of situations.

Jewish Family Services of Metro West

(973) 765-9050

Morris County Family Success Center

(973) 620-9711

New Jersey Self-Help Clearinghouse

(800) 367-6274

Senior Centers of the Chathams

(973) 635-4565

 Support groups are available as a source of education and emotional support for various types of situations.

#### National Call Center for Peer Support:

Vets 4 Warriors	(1-855) 838-8255
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Mom 2 Mom (1-877) 914-6662

Care 2 Caregivers (1-800) 424-2494

NJ Vet 2 Vet (1-866) 838-7654

Cop 2 Cop (1-866) 267-2267

## SUPPORT GROUPS (continued)

AID NJEA	(1-866) 243-6532	
Worker 2 Worker	(1-855) 327-7482	
Resilience 4 Resource Families	(1-844) 747-6407	
TAXES		
Federal Tax		
Internal Revenue Service	(800) 829-1040	
National Taxpayer Advocate Helpline	(877) 777-4778	
New Jersey Division of Taxation.		
Automated Services		
General Tax Information	(800) 323-4400 or (609) 826-4400	
o Homestead Benefit Program	(877) 658-2972	
Personal Services		
o Main Customer Service Center	(609) 292-6400	
o Homestead Benefit Hotline	(888) 238-1233	
o Property Tax Reimbursement (Senior Freeze)	(800) 882-6597	
o Inheritance and Estate Tax Service Center	(609) 292-5033	

• Tax return preparation may be available for senior citizens, persons with disabilities, low-income and military personnel. Electronic filing may also be available.

AARP Tax-Aide Sites	(888) 227-7669
VITA / NORWESCAP	(973) 784-4900

#### **TRANSPORTATION**

• Local Municipal and other transportation options can be viewed in the Morris County Transportation publication at <u>morriscountynj.gov/Departments/Aging-Disabilities/CommunityProgramming</u> or call for a copy.

#### **Assisted Transportation**

Morris County Organization for Hispanic Affairs Butler: (973) 838-3885

Dover: (973) 366-4770 Morristown: (973) 644-4884

Atlantic Private Care (973) 540-9000

Morris County Transportation Guide and Handicapped Parking applications can be accessed at <a href="mailto:morriscountynj.gov/Departments/Aging-Disabilities-">morriscountynj.gov/Departments/Aging-Disabilities-</a>
CommunityProgramming or call the Office of Aging, Disabilities and Community Programming
(800) 564-4656

 Morris Area Paratransit System (MAPS) curb to curb transportation for seniors and people with disabilities, priority given to medical and employment transportation needs.

Morris Area Paratransit System

(888) 282-6277 or

(973) 829-8103

New Jersey Transit Reduced Fare Program – Seniors 62 and over.

The Reduced Fare Office

(973) 491-7112

Office of Aging Disabilities and Community Programming

(800) 564-4656

• Motor Vehicle Registration – PAAD eligible seniors may be able to receive a reduced registration fee; discount will depend on the age and weight of the vehicle.

NJ Motor Vehicle Commission

(609) 292-6500

• New Jersey Transit Paratransit Services for those who meet eligibility requirements.

Access Link (800) 955-2321

(973) 275-5555

#### UTILITY ASSISTANCE

• Low-income senior citizens and/or disabled residents can receive assistance in the cost of utilities for their home.

Home Energy Assistance Program, Morris County Organization for Hispanic Affairs

Butler	(973) 838-3885
Dover	(973) 366-1131
Morristown	(973) 644-4884
Lifeline Credit Program PAAD & Senior Gold Lifeline	(800) 792-9745
NJ Department of Health and Senior Services / NJ Shares	(866) 657-4273

#### **VETERANS**

• Department of Veterans Affairs application for health benefits available at <u>morriscountynj.gov/Departments/Aging-Disabilities-CommunityProgramming</u> or call for a copy.

(973) 285-6866

Office of Aging Disabilities and Community Programming

	Office of Aging, Disabilities and Community Flogramming	(973) 203-0000
	Health Administration	(877) 222-8387
•	Home Based Primary Care Program (HBPC)	
	Lyons VA Medical Center	(908) 647-0180
•	Veterans Home Care  Medical facilities	(888) 314-6075
•	East Orange VA Medical Center	(973) 676-1000
	Lyons VA Medical Center	(908) 647-0180
	Morris County Community Based Outpatient Clinic (CBOC)	(973) 539-9791

• Veterans Photo Identification Card (VIC) available for all veterans registered in the VA healthcare system

East Orange VA Medical Center (973) 676-1000

## **VOLUNTEERISM**

• Volunteer opportunities are available throughout Morris County. Programs match volunteer interest and skills to community needs. Specialized training may also be provided.

RSVP program / NORWESCAP

(973) 784-4900

Morris Habitat for Humanity

(845) 797-2213

### NUTRITION PROJECT MIDDAY FRIENDSHIP CENTERS

Butler Borough Firehouse, Carey Avenue (open Monday – Friday)	(973) 838-4472
Chatham Township The Presbyterian Church of Chatham Township 240 Southern Blvd. (open Tuesday & Thursday)	(973) 879-7665
Denville Cook's Pond Senior Housing 455 Diamond Spring Rd. (open Monday, Wednesday, Friday)	(973) 983-1142
Dover St. John's Episcopal Church 11 South Bergen St. (open Monday, Wednesday, Thursday)	(973) 361-9376
Jefferson Township 54 Schoolhouse Rd. (open Monday, Tuesday, Thursday)	(973) 208-0788
Long Hill Township The Senior Citizen Center 769 Valley Rd. (open Tuesday & Friday)	(908) 626-1606
Madison Rexford S. Tucker Apts. 15 Chateau Thierry Ave. (open Monday, Wednesday, Friday)	(973) 822-3129

## NUTRITION PROJECT MIDDAY FRIENDSHIP CENTERS (continued)

Montville Montville Senior House 356 Main Rd. (open Tuesday & Thursday)	(973) 316-8560
Morris Township Dean Gallo Congregate Housing Morris Mews 99 Ketch Rd. (open Monday – Friday)	(973) 540-8063
Morristown Wetmore Towers 31 Early St. (open Monday – Friday)	(973) 644-0343
Mount Olive Mt. Olive Senior Center 204 Flanders-Drakestown Rd. (open Monday, Wednesday, Friday)	(973) 448-7474
Parsippany Parsippany Community Center 1130 Knoll Rd. (open Monday – Friday)	(973) 884-1868
Rockaway Pleasant View Village 221 Mt. Pleasant Ave. (open Tuesday, Wednesday, Friday)	(973) 361-9376
Roxbury Township Roxbury Township Senior Center 72 Eyland Ave. (open Wednesday & Friday)	(973) 361-5231

#### **SENIOR CENTERS**

Monday – Friday 9:00am – 4:00pm

Chatham (973) 635-4565 Chatham Township Municipal Bldg. 58 Meyersville Rd. Monday – Friday 9:15am – 3:00pm **Denville** East Main & Hall St. (973) 625-9842 Denville, NJ 07834 Women: Monday & Wednesday 11:00am Men: Every other Tuesday 11:00am Men & Women: General meeting 4 times a year at 11:00am **East Hanover** (973) 428-3060 96 Mt. Pleasant Ave. Monday- Friday 8:00am – 3:00pm Florham Park (973) 520-8984 111 Ridgedale Ave. Monday – Friday 9:00am – 4:30pm **Jefferson** (973) 208-1001 54 Schoolhouse Rd. Oak Ridge, NJ 07438 Open Monday – Thursday 9:00am – 3:00pm Monday, Tuesday & Thursday – Morris County Nutrition Program (908) 626-1101 **Long Hill** 769 Valley Rd. Gillette, NJ 07933 Open Monday – Friday 9:30am – 3:00pm Monday and Friday – Morris County Nutrition Program Madison (973) 593-3095 28 Walnut St.

#### **SENIOR CENTERS (continued)**

Montville (973) 299-5087

Senior House

360 Route 202 (Main Rd.)

Monday – Friday 9:00am – 4:00pm

Tuesday and Thursday – Morris County Nutrition Program

Morristown (973) 292-6690

200 South St. 3rd Floor

Monday – Friday 8:30am – 4:30pm

Mt. Olive (973) 691-0900

204 Flanders – Drakestown Rd. (ask for Health Dept.)

Monday – Friday 8:30am – 4:30pm

Monday, Wednesday & Friday – Morris County Nutrition Program

Parsippany (973) 263-7351

1130 Knoll Rd.

Lake Hiawatha, NJ 07034

Monday – Friday 9:00am – 5:00pm

Monday - Friday - Morris County Nutrition Program

Pequannock Senior House (973) 835-5700 ext. 145

530 Newark/Pompton Tpk.

Pompton Plains, NJ 07444

Monday – Friday 8:30am – 4:30pm

Randolph (973) 989-7084

28 Calais Rd.

Mailing address:

502 Millbrook Ave.

Randolph, NJ 07869

Monday – Friday 8:30am – 5:00pm

#### **SENIOR CENTERS (continued)**

Rockaway (973) 983-2898 or

19 Mt. Hope Rd. (973) 627-7200

Mailing address:

Rockaway Twp. Senior Center

c/o Municipal Bldg.

65 Mt. Hope Rd.

Rockaway, NJ 07866

Monday – Friday 9:00am – 5:00pm

Roxbury (973) 448-2015

72 Eyland Ave.

Wednesday & Friday – Morris County Nutrition Program

Thursday 10:00am – 12:00pm Senior Club lunch and activities

Washington (908) 876-5941

Rock Spring Park

E. Springtown Rd.

Long Valley, NJ 07853

Mailing address:

Parks & Recreation Dept.

50 Rock Rd.

Long Valley, NJ 07853

Monday – Friday 9:00am – 3:30pm

Call in advance for activity schedule

## \*\*For further information on daily activities, call each Senior Center directly.

## **Morris County Offices**

## Community Development (973) 285-6030

1 Medical Drive, Morris Plains, NJ 07950 www.morriscommunitydevelopment.gov

#### County Clerk's Office (973) 285-6120

Hall of Records Administration Building

Court Street P.O. Box 315, Morristown, NJ 07963

## **Morris County Offices (***continued***)**

<b>Employment and Training Services</b>	(800) 870-3478 or
1 Medical Drive, Morris Plains, NJ 07950	(973) 285-6880
Morriscountynj.gov/Departments/Aging-Disabilities-	<u>CommunityProgramming</u>
Legal Services of Northwest Jersey 30 Schuyler Place, Morristown, NJ 07960 www.lsnj.org	(973) 285-6911
Office of Aging, Disabilities and Community Program 340 West Hanover Avenue. P.O. Box 900, Morristown, Morriscountynj.gov/Departments/Aging-Disabilities-Community Program 340 West Hanover Avenue. P.O. Box 900, Morristown, Morriscountynj.gov/Departments/Aging-Disabilities-Community Program 340 West Hanover Avenue. P.O. Box 900, Morristown, Morriscountynj.gov/Departments/Aging-Disabilities-Community Program 340 West Hanover Avenue. P.O. Box 900, Morristown, Morriscountynj.gov/Departments/Aging-Disabilities-Community Program 340 West Hanover Avenue. P.O. Box 900, Morriscountynj.gov/Departments/Aging-Disabilities-Community Program 340 West Hanover Avenue. P.O. Box 900, Morriscountynj.gov/Departments/Aging-Disabilities-Community Program 340 West Hanover Avenue. P.O. Box 900, Morriscountynj.gov/Departments/Aging-Disabilities-Community Program 340 West Hanover Avenue. P.O. Box 900, Morriscountynj.gov/Departments/Aging-Disabilities-Communitynj.gov/Departments	NJ 07963
Adult Protective Services	(973) 326-7282
MAPS Transportation	(888) 282-6277 or (973) 829-8103
<b>Nutrition Project</b>	(973) 285-6856
Disability Services	(800) 564-4656
Veteran Services	(800) 285-6866
Office of Temporary Assistance 340 West Hanover Avenue. P.O. Box 900 Morristown, NJ 07963	(973) 326-7800
24 Hour Emergency Hotline Morriscountynj.gov/Departments/Aging-Disabilities-Countynj.gov/Departments/Aging-Dis	(800) 640-9783 CommunityProgramming
Park Commission 300 Mendham Rd., Morris Twp., NJ 07960 www.morrisparks.net	(973) 326-7600
Prosecutor's Office Court Street, P.O. Box 900, Morristown, NJ 07960 www.sheriff.morriscountynj.gov	(973) 285-6200

Public Library 30 East Hanover Avenue, Whippany, NJ 07981 www.mclib.info	(973) 285-6930
Morris County Offices (continued)	
Sheriff's Office P.O. Box 90, Morristown, NJ 07963 www.sheriff.morriscountynjgov Project Lifesaver Communication Center	(973) 285-6681 (973) 285-2900
New Jersey State Offices	
NJ Commission for the Blind & Visually Impaired 153 Halsey Street, Newark, NJ 07101 www.state.nj.us/humanservices/cbvi/	(973) 648-2111
NJ Consumer Affairs 124 Halsey Street, Newark, NJ 07102 www.state.nj.us/oag/ca/home.htm	(800) 242-5846
NJ Department of Health and Senior Services Lifeline Credit Program Utility Assistance PAAD/Senior Gold Trenton, NJ 08625 www.state.nj.us/health/seniorbenefits/services.shtml	(800) 792-9745
NJ Department of Military & Veterans Affairs P.O. Box 340, Trenton, NJ 08625 www.state.nj.us/military	(888) 865-8387
NJ Division of Deaf & Hard of Hearing P.O. Box 074, Trenton, NJ 08625 www.state.nj.us/humanservices/ddhh/	(800) 792-8339 or (609) 984-7281
NJ Division of Developmental Disabilities 1B Laurel Drive, Flanders, NJ 07836 www.state.nj.us/humanservices/ddd/	(973) 927-2600

NJ Division of Disability Services 222 South Warren Street, Trenton, NJ 08625	(888) 285-3036
New Jersey State Offices (continued)	
NJ Division of Fish, Game and Wildlife 501 East State Street, 3 <sup>rd</sup> Floor, Trenton, NJ 08625 www.njfishandwildlife.com	(609) 292-2965
NJ Division of Medical Assistance and Health Services P.O. Box 712, Trenton, NJ 08625	(800) 356-1561
NJ Division of Parks P.O Box 420, Trenton, NJ 08625	(800) 843-6420
NJ Division of Taxation 50 Barrack Street Trenton, NJ 08695	(800) 323-4400 or (609) 826-4400
NJ Division of Vocational Rehabilitation Service 7 Sussex Avenue, 2 <sup>nd</sup> Floor, Suite 2, Morristown, NJ 07960 <a href="http://lwd.dol.state.nj.us/labor/dvrs/DVRIndex/html">http://lwd.dol.state.nj.us/labor/dvrs/DVRIndex/html</a>	(973) 631-6304
NJ Division on Civil Rights, Newark, NJ P.O. Box 090, Trenton, NJ 08625-0900	(973) 648-2700
NJ Library for the Talking Book & Braille Center 2300 Stuyvesant Avenue, Trenton, NJ 08625 <a href="https://www.njlbh.org">www.njlbh.org</a>	(800) 792-8322
NJ Motor Vehicle Commission P.O. Box 160, Trenton, NJ 08666 www.state.nj.us/mvc	(609) 292-6500
NJ Office of the Ombudsman P.O. Box 852, Trenton, NJ 08625	(877) 582-6995
NJ Office of the Public Guardian	(609) 588-6500



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