

CSPNJ MISSION

Collaborative Support Programs of New Jersey, Inc. (CSPNJ) is a peer-led nonprofit organization.

CSPNJ provides flexible community-based services that promote responsibility, recovery and wellness through the provision of community wellness centers, supportive and respite housing, human rights advocacy, and educational and innovative programs.

Administrative Office
11 Spring Street
Freehold, NJ 07728
www.cspnj.org

Call to schedule a tour, and see if becoming a member might be right for you. **973-334-2470**

HOURS OF OPERATION

Day	Hours
Monday	CLOSED
Tuesday	2:00pm-7:00pm
Wednesday	2:00pm-7:00pm
Thursday	2:00pm-7:00pm
Friday	2:00pm-7:00pm
Saturday	12:00pm-5:00pm
Sunday	CLOSED

Morris Community Wellness Center

1259 Rt. 46 E.
Bldg 4, Suite 4D
Parsippany, NJ
Fax: 973-334-3647



Morris Community Wellness Center

Peer led.
Recovery focused.
Wellness driven.

www.cspnj.org



ABOUT US

Working towards recovery in community is a primary tenet of our Center.

For people living with mental health and co-occurring challenges in Morris County, we are the place to come and find support.

The Morris Community Wellness Center has been providing peer-led services to help individuals grow beyond these challenges for over 20 years. We actively engage in advocacy for mental health issues, and we help peers to find the right level of engagement with others in a safe space, in community.

We Believe in Self-Determination
And Responsibility!

Collaborative Support Programs of NJ

www.cspnj.org

WHAT YOU CAN EXPECT

- A place where you can feel accepted and respected.
- Find stepping stones to personal growth.
- Learn to access resources and tools available in your community.
- Find support from other people who have similar life experiences.
- Prevent loneliness and isolation
- Peer Support
- Innovative groups (Hearing Voices)
- RECOVERY LIBRARY
- Linkages to advocacy in our community and beyond
- A welcoming atmosphere for the diversity of experience and culture that members bring.



AT OUR CENTER

- Computer access and support
- Employment linkages
- Develop new skills
- Trips to activities & events
- Equipped Exercise Area
- Community Meals
- Explore new interests and ideas
- Volunteer, advocate, help others

ONGOING GROUPS

- Arts & Crafts
- Exercise
- Double Trouble
- Peer Employment Support
- Anxiety & Depression
- Fun With Math
- Hearing Voices Network
- Men's & Women's Groups
- Mindful Living
- Financial Fitness